Sacred Space

Starting Wednesday 11 May

Sacred Space is an open and inclusive gathering for students and young adults

We meet at weekly at 7pm on Wednesdays during University term-time in Canterbury Cathedral Crypt for music, contemplation and discussion about the big questions of life.

Meetings are followed by food and chat.

All are welcome - we look forward to seeing you!
The friendly and welcoming atmosphere is absolutely outstanding.

- the meetings in the Crypt are great to make friends and to take a break from our daily stress!

Marc

The music and singing was what I really enjoyed... and the food of course.

Theresa

Pizza from Posillipo

❤️
Sacred Space is my refuge.
I love finishing work on Wednesday and knowing that I'll be among good people in a mindful & beautiful place.

Sacred Space was my mid-week anchor during a tough PACE year! Whether I was having a challenging or occasionally good one, it was a chance to pause and recharge!! A mid-week appointment with God, not to be missed.
11 May  Rest in Music
A candelit time of ancient and modern music with reflection and silence in the atmospheric Cathedral Crypt.

18 May  Rest in Nature
An opportunity to venture out into the natural world to find peace and beauty amidst the busyness of life.

25 May  Rest in Art
Finding peace in the visual arts, and an opportunity to still our souls by being creative ourselves.

1 June  Rest in Meditation
A chance to be still as we share together in a guided meditation. Followed by a Sacred Space end of year picnic.

8 June  Sacred Space Trip
A very special visit to Rochester Cathedral to see the art installation Gaia and hear the inspirational Ruth Valerio speak on: ‘Hope for a Gaia in Crisis — Tools for faith-filled resilient living’

Sacred Space draws on the wisdom, prayer, and music of the Christian tradition which is the Cathedral’s heritage, but also is enriched by the creativity and inspiration found beyond that tradition as well. People of all faiths and none are all very welcome to attend.

www.canterbury-cathedral.org/sacred-space