



# Sacred Space

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*Starting Wednesday 29th September*

Sacred Space is an open and inclusive gathering  
for students and young adults

We meet at weekly at  
**7pm on Wednesdays**  
during University term-time  
in Canterbury Cathedral Crypt for  
**music, contemplation and discussion**  
about the big questions of life.

Meetings are followed by food and chat.

**All are welcome -**  
we look forward to seeing you!



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The friendly and welcoming atmosphere is absolutely outstanding  
- the meetings in the Gsypt are great to make friends and to take a break from our daily stress!



↑  
Theresa



Pizza  
from  
Posillipo ♡

Marc ↑

THE MUSIC AND SINGING WAS WHAT I REALLY ENJOYED... AND THE FOOD OF COURSE.





SACRED SPACE IS MY REFUGE ☺

I LOVE FINISHING WORK ON  
WEDNESDAY AND KNOWING THAT  
I'LL BE AMONG GOOD PEOPLE  
IN A MINDFUL & BEAUTIFUL PLACE.

Christopher



Sacred Space was my mid-week  
anchor during a tough PACE year!  
Whether I was having a challenging w  
or <sup>an</sup> occasionally good one, it was a  
chance to pause and recharge !!  
A mid-week appointment with ☺  
God, not to be missed.

Wadzie

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## THE MYSTERY OF LIFE

Wednesdays at 7pm, Canterbury Cathedral

29 September	<b><u>New Beginnings</u></b> <i>A new year makes us all think about what it means to start afresh. We'll reflect on the emotions and the sense of purpose that this time of year can bring.</i>
6 October	<b><u>Building friendships</u></b> <i>Human beings are not designed to be alone – but what matters in a friendship, and how do we find it?</i>
13 October	<b><u>Focusing in</u></b> <i>How do we concentrate on our work – and how does it relate to our identity and our happiness?</i>
20 October	<b><u>Finding space</u></b> <i>In a busy world how do we make space for ourselves and for those who matter to us?</i>
27 October	<b><u>Keeping calm</u></b> <i>Stress is a fact of life, but we all experience it differently – how do we cope?</i>
3 November	<b><u>Community living</u></b> <i>What kind of communities do we want to build, and how can we play our part?</i>
10 November	<b><u>Seeking truth</u></b> <i>People may come to different conclusions, but we all are searching for the truth – what do each of us learn on this journey?</i>
17 November	<b><u>Serving others</u></b> <i>Sometimes it's only through serving others that we find ourselves – what can each one of us offer to our world?</i>
24 November	<b><u>Knowing love</u></b> <i>Most of us long to love and be loved – what does that mean to you?</i>

[www.canterbury-cathedral.org/sacred-space](http://www.canterbury-cathedral.org/sacred-space)