Sung Eucharist

The Fourth Sunday of Lent

Mothering Sunday

14th March 2021

10.30am

Nave
Welcome to Canterbury Cathedral for this Service

The setting of the Service on this occasion is
Missa Brevis Santi Joannis de Deo – Joseph Haydn (1732-1809)

Please ask the priest if you require a gluten-free communion wafer

For your safety

Please keep social distance at all times
▼

Please stay in your seat as much as possible
▼

Please use hand sanitiser on the way in and out
▼

Please avoid touching your face and touching surfaces

Cover Image:  Transport, 2010, Anthony Gormley
Eastern Crypt, Canterbury Cathedral

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The Gathering

*Before the Service begins the Dean offers a welcome*

*The President says*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you
and also with you.

**Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

*The President introduces*

The sacrifice of God is a broken spirit;
a broken and contrite heart God will not despise.
Let us come to the Lord, who is full of compassion,
and acknowledge our transgressions in penitence and faith.

**Most merciful God, Father of our Lord Jesus Christ, we confess that we have sinned in thought, word and deed. We have not loved you with our whole heart. We have not loved our neighbours as ourselves. In your mercy forgive what we have been, help us to amend what we are, and direct what we shall be; that we may do justly, love mercy, and walk humbly with you, our God. Amen**

*Remain standing as the choir sings*

**Kyrie Eleison**

Kyrie eleison. **Lord, have mercy.**
Christe eleison. **Christ, have mercy.**
Kyrie eleison. **Lord, have mercy.**

*The President says*

Almighty God, who forgives all who truly repent, have mercy upon you,
pardon and deliver you from all your sins, confirm and strengthen you in all goodness and keep you in life eternal, through Jesus Christ our Lord. **Amen.**
The Collect

Let us pray.

Merciful Lord, 
absolve your people from their offences, 
that through your bountiful goodness 
we may all be delivered from the chains of those sins 
which by our frailty we have committed; 
grant this, heavenly Father, 
for Jesus Christ’s sake, our blessed Lord and Saviour, 
who is alive and reigns with you, 
in the unity of the Holy Spirit, 
one God, now and for ever. 
Amen.

Sit

The Liturgy of the Word

Old Testament Reading  Numbers 21.4-9

The Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, ‘Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food.’ Then the Lord sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, ‘We have sinned by speaking against the Lord and against you; pray to the Lord to take away the serpents from us.’ So Moses prayed for the people. And the Lord said to Moses, ‘Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live.’ So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

This is the word of the Lord.
Thanks be to God.

Remain seated as the choir sings Psalm 107. 17-22

Foolish men are plagued for their offence: 
and because of their wickedness.

Their soul abhorred all manner of meat: 
and they were even hard at death's door.
So when they cried unto the Lord in their trouble:
he delivered them out of their distress.

He sent his word, and healed them:
and they were saved from their destruction.

O that men would therefore praise the Lord for his goodness:
and declare the wonders that he doeth for the children of men!

That they would offer unto him the sacrifice of thanksgiving:
and tell out his works with gladness!

*Stand as the Gospeller says*

Praise to you O Christ, King of eternal glory.
I am the light of the world says the Lord:
Anyone who follows me will have the light of life.
**Praise to you O Christ, King of eternal glory.**

**The Gospel**  
*John 3.14-21*

Hear the Gospel of out Lord Jesus Christ according to John.  
**Glory to you, O Lord.**

Jesus said to Nicodemus:
And just as Moses lifted up the serpent in the wilderness, so must the Son
of Man be lifted up, that whoever believes in him may have eternal life.
‘For God so loved the world that he gave his only Son, so that everyone
who believes in him may not perish but may have eternal life.
‘Indeed, God did not send the Son into the world to condemn the world,
but in order that the world might be saved through him. Those who
believe in him are not condemned; but those who do not believe are
condemned already, because they have not believed in the name of the
only Son of God. And this is the judgement, that the light has come into
the world, and people loved darkness rather than light because their
deeds were evil. For all who do evil hate the light and do not come to the
light, so that their deeds may not be exposed. But those who do what is
true come to the light, so that it may be clearly seen that their deeds
have been done in God.’

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

*Once the Sermon has been introduced please sit*

**Sermon**  
The Reverend Estella Last  
Priest in Charge, the Parish of the Bridge Group &  
Diocesan Adviser for Women's Ministry, Canterbury Diocese
Following the Sermon please stand

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Please sit when the President says ‘Let us pray’

Prayers of Intercession

One of these responses is used

Lord, in your mercy hear our prayer. Lord, hear us.

And at the end

Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.
The choir sings

The Motet

Ave verum corpus, 
Natum de Maria virgine; 
Vere passum immolatum 
In cruce pro homine, 
Cuius latus perforatum 
Unda fluxit et sanguine. 
Esto nobis praegustatum 
In mortis examine.

Words: 14th Century Eucharistic Hymn

Music: Wolfgang Amadeus Mozart (1756-1791)

The Liturgy of the Sacrament

The Peace

Stand

The President says

Since we are justified by faith, 
we have peace with God through our Lord Jesus Christ, 
who has given us access to his grace.

The peace of the Lord be always with you. 
And also with you.

The Offertory

Please sit

During the Offertory the choir sings the offertory hymn

Be thou my vision, O Lord of my heart, 
Be all else but naught to me, save that thou art, 
Be thou my best thought in the day and the night, 
Both waking and sleeping, thy presence my light.

Be thou my wisdom, be thou my true word 
Be thou ever with me, and I with thee, Lord, 
Be thou my great Father, and I thy true son, 
Be thou in me dwelling, and I with thee one.

Be thou my breastplate, my sword for the fight, 
Be thou my whole armor, be thou my true might, 
Be thou my soul’s shelter, be thou my strong tower, 
O raise thou me heavenward, great Power of my power.
Riches I heed not, nor earth’s empty praise,
Be thou my inheritance now and always,
Be thou and thou only the first in my heart,
O Sovereign of heaven, my treasure thou art.

High King of heaven, thou heaven’s bright Sun,
O grant me its joys after vict’ry is won,
Great Heart of my own heart, whatever befall,
Still be thou my vision, O Ruler of all.

Words: Irish c 8th century Tune: SLANE NEH 339
Tr Mary Byrne (1880-1931)

Please stand when the thurifer turns to cense the people

The President takes the bread and wine and praises God for his gifts

God of mercy and compassion,
your Word calls us home to faith and love,
accept all we offer you this day;
in the name of Jesus Christ the Lord.
Amen.

The Eucharistic Prayer

The Lord be with you and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

The President praises God for his mighty acts

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.

For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.
As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

The choir sings

Sanctus, sanctus, sanctus,  
Dominus Deus Sabaoth.  
Pleni sunt coeli et terra gloria tua.  
Hosanna in excelsis.  

Holy, holy, holy Lord,  
God of power and might.  
Heaven and earth are full of your glory.  
Hosanna in the highest.

The President recalls the Last Supper

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life and cup of salvation,
we proclaim his death and resurrection
until he comes in glory.

Praise to you, Lord Jesus:
Dying you destroyed our death,
rising you restored our life:
Lord Jesus, come in glory.
Lord of all life,  
help us to work together for that day  
when your kingdom comes  
and justice and mercy will be seen in all the earth.

Look with favour on your people,  
gather us in your loving arms  
and bring us with all the saints  
to feast at your table in heaven.

Through Christ, and with Christ, and in Christ,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

*Amen.*

The Lord’s Prayer

*The President says*

As we join our prayers with the Church Universal, so we say,  
each in our own language, the prayer that Jesus taught us.

**Our Father, who art in heaven,**  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
**Give us this day our daily bread.**  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
**And lead us not into temptation;**  
but deliver us from evil.  
**For thine is the kingdom,**  
the power and the glory,  
for ever and ever. *Amen.*

*Notre Père...*  
*Vater Unser...*  
*Onze Vader...*  
*Padre Nuestro...*  
*Ojcze Nasz...*  
*Baba Yetu...*  
*E to matou Matua...*  
*Ein Tad...*
Remain standing for

**Breaking of the Bread**

*The President breaks the consecrated bread, saying*

Every time we eat this bread and drink this cup, we **proclaim the Lord’s death until he comes.**

Jesus is the Lamb of God who takes away the sin of the world. Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you, but only say the word, and I shall be healed.**

The Body and Blood of Christ. **Amen.**

**Sit for**

**The Distribution of Communion**

*Please remain seated in your place. Communion will be brought to you by a priest. Please remain seated as you receive Communion.*

Please **hold out your open hands** and the sacrament will be gently dropped into them by the priest in silence. This is the only way you are allowed to receive communion at present, you should not make any contact with the priest’s fingers.

Please ask the priest if you would **prefer a blessing or a gluten-free host.**

At this time of infectious disease, Communion is distributed in **one kind only.** The Church of England, together with the whole Catholic Church, teaches that, in receiving in one kind, the entirety of the Sacrament of our Lord’s Body and Blood is received.

We keep a **prayerful silence** together during Communion as we prepare to receive the sacrament and to pray afterwards.

**During Communion, the choir may sing the Benedictus and/or Agnus Dei**

Benedictus qui venit  
In nomine Domini.  
Hosanna in excelsis.  

*Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.*

Agnus Dei, qui tollis peccata mundi, miserere nobis.  
Agnus Dei, qui tollis peccata mundi, dona nobis pacem.  

*Lamb of God, you take away the sins of the world, have mercy on us.  
Lamb of God, you take away the sins of the world, grant us peace.*
Prayer after Communion

Silence is kept

Stand as the President says

Let us pray.

Lord God,
whose blessed Son our Saviour gave his back to the smiters
and did not hide his face from shame:
give us grace to endure the sufferings of this present time
with sure confidence in the glory that shall be revealed;
through Jesus Christ our Lord.

Amen.

All then say

Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory.
Amen.

The President says

God, who from the death of sin raised you to new life in Christ,
keep you from falling and set you in the presence of his glory;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Go in the peace of Christ.

Thanks be to God.
Organ Voluntary

Vierne, Finale (Symphony no. 3)

For your safety

Please leave the building straight away after the service, it is safer to talk outside than to mingle in the building.

Please remember to keep social distance at all times and give one another space as you exit through doorways.

Please take this order of service away with you and dispose of it yourself.

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