



THE CATHEDRAL AND METROPOLITICAL CHURCH OF CHRIST, CANTERBURY

# Sung Eucharist



Fourth Sunday of Epiphany

Sunday 28<sup>th</sup> January 2024

11.00am

Nave

# Welcome to Canterbury Cathedral for this Service

The Choral Setting is  
Gabriel Jackson, (b. 1960), Mass of St Mary

Please ask the priest if you require a gluten-free communion wafer.

## Livestreaming

This service will be livestreamed and you may be seen on camera, although we will not deliberately take any close-ups of the congregation.

By attending you agree to be seen in this way.

If you have any concerns please speak to a member of the clergy.

Cover Image: The Compass Rose

The Compass Rose is a symbol of the worldwide Anglican Communion. The Compass Rose is set in the nave of the Cathedral and Metropolitan Church of Christ in Canterbury. The Greek inscription means, 'The truth will set you free.' (John 8.32)



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Thank you for your co-operation.



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**Large print** orders of service are available from the stewards and virgers. Please ask.

# The Gathering

*A welcome is offered*

*Stand to sing*



Thy hand, O God, has guided  
thy flock, from age to age;  
the wondrous tale is written,  
full clear, on every page;  
thy people owned thy goodness,  
and we their deeds record;  
and both of this bear witness:  
one Church, one faith, one Lord.

<sup>2</sup>Thy heralds brought glad tidings  
to greatest, as to least;  
they bade all rise, and hasten  
to share the great King's feast;  
and this was all their teaching,  
in every deed and word,  
to all alike proclaiming  
one Church, one faith, one Lord.

<sup>3</sup>When shadows thick were falling,  
and all seemed sunk in night,  
thou, Lord, didst send thy servants,  
thy chosen sons of light.  
on them and on thy people  
thy plenteous grace was poured,  
and this was still their message:  
one Church, one faith, one Lord.

<sup>4</sup>And we, shall we be faithless?  
shall hearts fail, hands hang down?  
shall we evade the conflict,  
and cast away our crown?  
not so: in God's deep counsels  
some better thing is stored;  
we will maintain, unflinching,  
one Church, one faith, one Lord.

<sup>5</sup>Thy mercy will not fail us,  
nor leave thy work undone;  
with thy right hand to help us,  
the victory shall be won;  
and then, by all creation,  
thy name shall be adored,  
and this shall be their anthem,  
one Church, one faith, one Lord.

*Words:* Edward Plumptre (1821-91)

*Tune:* THORNBURY

AM 814

*The President says*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace, mercy and peace from God our Father  
and the Lord Jesus Christ be with you.

**And also with you.**

**Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.**

*The President introduces*

## **Prayers of Penitence**

The grace of God has dawned upon the world  
through our Saviour Jesus Christ,  
who sacrificed himself for us to purify a people as his own.

Let us confess our sins.

*Remain standing*

You raise the dead to life in the Spirit:  
Lord, have mercy.

**Lord, have mercy.**

You bring pardon and peace to the broken in heart:  
Christ, have mercy.

**Christ, have mercy.**

You make one by your Spirit the torn and divided:  
Lord, have mercy.

**Lord, have mercy.**

*The President says*

Almighty God, who forgives all who truly repent, have mercy upon you,  
pardon and deliver you from all your sins, confirm and strengthen you in all  
goodness and keep you in life eternal, through Jesus Christ our Lord.  
**Amen.**

*Remain standing as the choir sings*

## **Gloria in Excelsis**

Gloria in excelsis Deo, et in terra pax hominibus bonae voluntatis. Laudamus  
te, benedicimus te, adoramus te, glorificamus te, gratias agimus tibi propter  
magnam gloriam tuam. Domine Deus, Rex coelestis, Deus pater omnipotens.  
Domine Fili unigenite, Jesu Christe; Domine Deus, Agnus Dei, Filius Patris, qui  
tollis peccata mundi, miserere nobis; qui tollis peccata mundi, suscipe  
deprecationem nostram; qui sedes ad dexteram Patris, miserere nobis.  
Quoniam tu solus Sanctus, tu solus Dominus, tu solus Altissimus, Jesu Christe,  
cum Sancto Spiritu: in gloria Dei Patris. Amen.

*Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.*

## **The Collect**

Let us pray.

God our creator, who in the beginning  
commanded the light to shine out of darkness:  
we pray that the light of the glorious gospel of Christ  
may dispel the darkness of ignorance and unbelief,  
shine into the hearts of all your people,  
and reveal the knowledge of your glory  
in the face of Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever.

**Amen.**

*Sit*

## **The Liturgy of the Word**

### **New Testament Reading**      *Revelation 12.1-5a*

A great portent appeared in heaven: a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. She was pregnant and was crying out in birth pangs, in the agony of giving birth. Then another portent appeared in heaven: a great red dragon, with seven heads and ten horns, and seven diadems on his heads. His tail swept down a third of the stars of heaven and threw them to the earth. Then the dragon stood before the woman who was about to bear a child, so that he might devour her child as soon as it was born. And she gave birth to a son, a male child, who is to rule all the nations with a rod of iron.

This is the word of the Lord.

**Thanks be to God.**

*Remain seated as the choir sings Psalm 111*

I will give thanks unto the Lord with my whole heart :  
secretly among the faithful, and in the congregation.

The works of the Lord are great :  
sought out of all them that have pleasure therein.

His work is worthy to be praised and had in honour :  
and his righteousness endureth for ever.

The merciful and gracious Lord hath so done his marvellous works :  
that they ought to be had in remembrance.

He hath given meat unto them that fear him :  
he shall ever be mindful of his covenant.

He hath shewed his people the power of his works :  
that he may give them the heritage of the heathen.

The works of his hands are verity and judgement :  
all his commandments are true.

They stand fast for ever and ever :  
and are done in truth and equity.

He sent redemption unto his people :  
he hath commanded his covenant for ever;  
holy and reverend is his Name.

The fear of the Lord is the beginning of wisdom :  
a good understanding have all they that do thereafter;  
the praise of it endureth for ever.

*Stand as the cantor sings the Alleluia and we respond*



Alleluia, alleluia.

Christ was revealed in flesh, proclaimed among the nations  
and believed in throughout the world.

**Alleluia.**

## **The Gospel**      *Mark 1.21-28*

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Mark.

**Glory to you, O Lord.**

The disciples went to Capernaum; and when the sabbath came, Jesus entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.' But Jesus rebuked him, saying, 'Be silent, and come out of him!' And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, 'What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.' At once his fame began to spread throughout the surrounding region of Galilee.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*The organist plays a Gospel fanfare*

*Once the Sermon has been introduced please sit*

**Sermon** Cardinal Stephen Chow Sau-yan, S.J., Bishop of Hong Kong

*Following the Sermon please stand*

**The Affirmation of Faith** *from the Athanasian Creed*

We proclaim the Church's faith in Jesus Christ.

**We believe and declare that our Lord Jesus Christ,  
the Son of God, is both divine and human.**

God, of the being of the Father,  
the only Son from before time began;  
human from the being of his mother, born in the world;  
**fully God and fully human;**

**human in both mind and body.**

As God he is equal to the Father,  
as human he is less than the Father.

**Although he is both divine and human  
he is not two beings but one Christ.**

One, not by turning God into flesh,  
but by taking humanity into God;  
**truly one, not by mixing humanity with Godhead,  
but by being one person.**

For as mind and body form one human being  
so the one Christ is both divine and human.

**The Word became flesh and lived among us;  
we have seen his glory,  
the glory of the only Son from the Father,  
full of grace and truth.**

*Please sit or kneel when the President says 'Let us pray'*

**Prayers of Intercession**

*One of these responses is used*

Lord, in your mercy  
**hear our prayer.**

Lord, hear us.  
**Lord, graciously hear us.**

*And at the end*

Merciful Father, **accept these prayers for the sake of your Son,  
our Saviour Jesus Christ. Amen.**

*The choir sings*

## **The Motet**

O taste and see how gracious the Lord is; blessed is the man that trusteth in him.

*Words: Psalm 34.8*

*Music: Ralph Vaughan Williams (1872-1958)*

# **The Liturgy of the Sacrament**

## **The Peace**

*Stand*

*The President says*

Christ is our peace.  
If anyone is in Christ,  
there is a new creation.  
The old has passed away:  
behold, everything has become new.

The peace of the Lord be always with you.

**And also with you.**

Let us offer one another a sign of peace.

*Members of the congregation greet one another.*

*Remain standing to sing*

**The Offertory Hymn** *during which the table is prepared and the gifts of the people are gathered and presented.*

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\*In addition to any text donation, you will incur your standard network message charge.



*When the thurifer turns to bow to the congregation, all turn to the altar*





Love divine, all loves excelling,  
joy of heaven to earth come down,  
fix in us thy humble dwelling,  
all thy faithful mercies crown.  
Jesu, thou art all compassion,  
pure unbounded love thou art;  
visit us with thy salvation,  
enter every trembling heart.

<sup>2</sup>Come, almighty to deliver,  
let us all thy grace receive;  
suddenly return, and never,  
never more thy temples leave.  
Thee we would be always blessing,  
serve thee as Thy hosts above;  
pray, and praise thee, without ceasing,  
glory in thy perfect love.

<sup>3</sup>Finish then thy new creation:  
pure and spotless let us be;  
let us see thy great salvation  
perfectly restored in thee;  
changed from glory into glory  
till in heaven we take our place,  
till we cast our crowns before thee,  
lost in wonder, love, and praise.

Words: Charles Wesley (1707-88)

Tune: BLAENWERN

AM 721ii

*The President takes the bread and wine and praises God for his gifts*

Gracious God,  
accept the offering of your Church,  
the hearts of your people  
joined in praise and thanksgiving,  
in the name of Jesus Christ the Lord. **Amen.**

## **The Eucharistic Prayer**

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

All honour and praise be yours always and everywhere,  
mighty creator, ever-living God,  
through Jesus Christ your only Son our Lord:  
for at this time we celebrate your glory made present in our midst.

In the coming of the magi  
the King of all the world was revealed to the nations.  
In the waters of baptism Jesus was revealed as the Christ,  
the Saviour sent to redeem us.

In the water made wine  
the new creation was revealed at the wedding feast.  
Poverty was turned to riches, sorrow into joy.

Therefore with all the angels of heaven  
we lift our voices to proclaim the glory of your name  
and sing our joyful hymn of praise:

*The choir sings*

Sanctus, sanctus, sanctus, Dominus Deus Sabaoth. Pleni sunt coeli et terra gloria tua. Hosanna in excelsis.	<i>Holy, holy, holy Lord, God of power and might. Heaven and earth are full of your glory. Hosanna in the highest.</i>
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Benedictus qui venit In nomine Domini. Hosanna in excelsis.	<i>Blessed is he who comes in the name of the Lord. Hosanna in the highest.</i>
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Accept our praises, heavenly Father,  
through your Son our Saviour Jesus Christ,  
and as we follow his example and obey his command,  
grant that by the power of your Holy Spirit  
these gifts of bread and wine  
may be to us his body and his blood;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Therefore, heavenly Father,  
we remember his offering of himself  
made once for all upon the cross;  
we proclaim his mighty resurrection and glorious ascension;  
we look for the coming of your kingdom,  
and with this bread and this cup  
we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

Accept through him, our great high priest,  
this our sacrifice of thanks and praise,  
and as we eat and drink these holy gifts  
in the presence of your divine majesty,  
renew us by your Spirit, inspire us with your love  
and unite us in the body of your Son,  
Jesus Christ our Lord.

Through him, and with him, and in him,  
in the unity of the Holy Spirit,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty, in songs of everlasting praise:

**Blessing and honour and glory and power  
be yours for ever and ever.  
Amen.**

## **The Lord's Prayer**

*The President says*

As we join our prayers with the Church Universal, so we say,  
each in our own language, the prayer that Jesus taught us.

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

*Notre Père...*

*Vater Unser...*

*Onze Vader...*

*Padre Nuestro...*

*Ojcze Nasz...*

*Baba Yetu...*

*E to matou Matua...*

*Ein Tad...*

*Remain standing for*

## **Breaking of the Bread**

*The President breaks the consecrated bread, saying*

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

*The President says*

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*Sit as the President and other ministers begin*

## **The Distribution of Communion**

*Please come up for Communion as directed by the stewards. All who are regular communicants in their own tradition are welcome to receive the sacrament. If you are not a communicant, you are welcome to come forward at this point in the service to receive a blessing, keeping your hands to your sides. Please ask the priest if you **need a gluten-free host**.*

*We request that **you do not intinct (dip) your host in the wine** but either take a sip from the cup or remain with your head bowed. This is for the reasons of good hygiene.*

*If you wish to receive communion in your place, please inform a steward.*

*We keep a **prayerful silence** during Communion to allow others to prepare to receive the sacrament or pray afterwards.*

*During Communion, the choir sings the Agnus Dei*

Agnus Dei, qui tollis peccata mundi, miserere nobis.  
Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

*Lamb of God, you take away the sins of the world, have mercy on us.  
Lamb of God, you take away the sins of the world, grant us peace*

## **Prayer after Communion**

*Silence is kept*

*Stand as the President says*

Let us pray.

Generous Lord,  
in word and eucharist  
we have proclaimed the mystery of your love:  
help us so to live out our days  
that we may be signs of your wonders in the world;  
through Jesus Christ our Saviour.

**Amen.**

*All then say*

**Almighty God,  
we thank you for feeding us  
with the body and blood  
of your Son Jesus Christ.  
Through him we offer you  
our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory. Amen.**

# The Dismissal



Hope of our calling: hope through courage won;  
by those who dared to share all Christ had done.  
Saints of today, Christ's banner now unfurled,  
will bring his gospel to a waiting world.

<sup>2</sup>Hope of our calling: hope with strength empowered,  
Inspired by all that we have seen and heard;  
This call is ours, for we are chosen too,  
To live for God in all we say and do.

<sup>3</sup>Hope of our calling: hope with grace outpoured,  
From death's despair the gift of life restored;  
Our call to serve, to wash each others' feet,  
To bring Christ's healing touch to all we meet.

<sup>4</sup>Hope of our calling: hope by faith made bold;  
To sow God's righteousness throughout the world;  
Bring peace from conflict, fruitfulness from weeds,  
The kingdom's harvest from a mustard seed.

<sup>5</sup>Hope of our calling: Spirit-filled, unbound,  
Old joys remembered and new purpose found,  
Our call refreshed by sacrament and word,  
We go in peace to love and serve the Lord.

Words: Ally Barrett (b. 1975)

Tune: SONG 22

AM 493

## *Remain standing*

Christ the Son of God perfect in you the image of his glory  
and gladden your hearts with the good news of his kingdom;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in the peace of Christ.

**Thanks be to God**

*All remain standing as the choir and clergy depart*

## **Organ Voluntary**

J. S. Bach (1685-1750), In dir ist Freude, BWV 615

**Tea and coffee will be served in the Clagett Auditorium following this morning's Eucharist. All are very welcome.**

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**Special Services this week**

**Friday 2<sup>nd</sup> February – Candlemas  
The Presentation of Christ in the Temple**

12.30pm – Holy Communion – Our Lady Undercroft, Crypt

5.30pm – Sung Eucharist and Procession – Quire



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