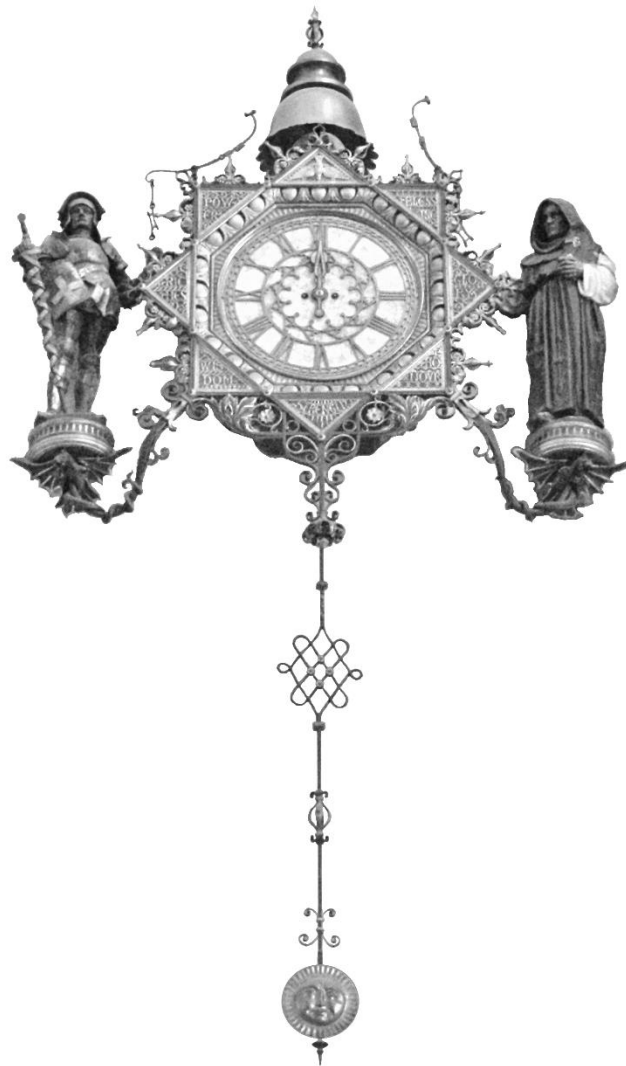




THE CATHEDRAL AND METROPOLITICAL CHURCH OF CHRIST, CANTERBURY

# Sung Eucharist



Fifth Sunday after Trinity

5<sup>th</sup> July 2026

11.00am

Quire

# Welcome to Canterbury Cathedral for this Eucharist

The Choral Setting is  
Jonathan Dove (b. 1959), Missa brevis

Please ask a priest if you require a gluten-free communion wafer.

## Livestreaming

This service will be livestreamed and you may be seen on camera, although we will not deliberately take any close-ups of the congregation.

By attending you agree to be seen in this way.

If you have any concerns please speak to a member of the clergy.

Cover Image: Clock in St Andrew's Chapel, Canterbury Cathedral

Made in 1898, designed by Sir Arthur Blomfield (the architect who designed the Royal College of Music), purchased by the Dean and Chapter from the proceeds of an appeal to commemorate the 1300<sup>th</sup> anniversary of the coming of St Augustine.

## Health and Safety

Much of the present Cathedral was built hundreds of years ago. Whilst most of the parts of this ancient cathedral that are normally open to the public are easily accessible for all, the historic stone floor may be unpredictably uneven in places, entry to some parts is via stone steps or access ramps of varying gradients, and lighting levels may vary.

Please exercise due care and attention before, during and after the service and move around with regard for your safety. The Cathedral is unable to accept liability for any personal injury or damage to property unless this is due to our own negligence.



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Please ensure that mobile phones are switched off. No form of visual or sound recording, or any form of photography, is permitted during Services.  
Thank you for your co-operation.



An induction loop system for the hard of hearing is installed in the Cathedral. Hearing aid users should adjust their aid to T.



**Large print** orders of service are available from the stewards and virgers. Please ask.

# The Gathering

*A welcome is offered*

*Stand to sing*

The musical score is written for a single melodic line in 3/2 time, with a key signature of two flats (B-flat and E-flat). It consists of five staves of music. The first four staves contain the main melody, and the fifth staff concludes the piece. A bracket labeled 'Following v. 3' spans the fourth and fifth staves, indicating a connection to the third verse of the lyrics below.

There's a wideness in God's mercy,  
like the wideness of the sea;  
there's a kindness in his justice  
which is more than liberty.  
There is no place where earth's sorrows  
are more felt than up in heaven;  
there is no place where earth's failings  
have such kindly judgement given.

<sup>2</sup>For the love of God is broader  
than the measure of our mind,  
and the heart of the Eternal  
is most wonderfully kind.  
But we make his love too narrow  
by false limits of our own;  
and we magnify his strictness  
with a zeal he would not own.

<sup>3</sup>There is plentiful redemption  
through the blood that has been shed;  
there is joy for all the members  
in the sorrows of the Head.  
There is grace enough for thousands  
of new worlds as great as this;  
there is room for fresh creations  
in that upper home of bliss.

<sup>4</sup>If our love were but more simple,  
we should take him at his word;  
and our lives would be all gladness,  
in the joy of Christ our Lord.

*The President says*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace, mercy and peace from God our Father  
and the Lord Jesus Christ be with you.

**And also with you.**

**Almighty God, to whom all hearts are open, all desires known,  
and from whom no secrets are hidden: cleanse the thoughts of  
our hearts by the inspiration of your Holy Spirit, that we may  
perfectly love you, and worthily magnify your holy name; through  
Christ our Lord. Amen.**

*The Deacon introduces*

## **Prayers of Penitence**

God the Father forgives us in Christ and heals us by the Holy Spirit.  
Let us therefore put away all anger and bitterness,  
all slander and malice, and confess our sins to God our redeemer.

*Remain standing to say*

**Almighty God, our heavenly Father, we have sinned against you and  
against our neighbour in thought and word and deed, through  
negligence, through weakness, through our own deliberate fault.  
We are truly sorry and repent of all our sins. For the sake of your Son  
Jesus Christ, who died for us, forgive us all that is past and grant  
that we may serve you in newness of life to the glory of your name.  
Amen.**

*The President says*

Almighty God, who forgives all who truly repent, have mercy upon you,  
pardon and deliver you from all your sins, confirm and strengthen you in all  
goodness and keep you in life eternal, through Jesus Christ our Lord.

**Amen.**

*Remain standing as the choir sings*

## **Gloria in Excelsis**

Gloria in excelsis Deo, et in terra pax hominibus bonae voluntatis. Laudamus  
te, benedicimus te, adoramus te, glorificamus te, gratias agimus tibi propter  
magnam gloriam tuam. Domine Deus, Rex coelestis, Deus pater omnipotens.  
Domine Fili unigenite, Jesu Christe; Domine Deus, Agnus Dei, Filius Patris, qui  
tollis peccata mundi, miserere nobis; qui tollis peccata mundi, suscipe  
deprecationem nostram; qui sedes ad dexteram Patris, miserere nobis.  
Quoniam tu solus Sanctus, tu solus Dominus, tu solus Altissimus, Jesu Christe,  
cum Sancto Spiritu: in gloria Dei Patris. Amen.

*Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.*

## **The Collect**

Let us pray.

*Silence is kept*

Almighty and everlasting God,  
by whose Spirit the whole body of the Church is governed and sanctified:  
hear our prayer which we offer for all your faithful people,  
that in their vocation and ministry they may serve you in holiness and truth  
to the glory of your name;  
through our Lord and Saviour Jesus Christ, who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever.

**Amen.**

*Sit*

## **The Liturgy of the Word**

### **The Old Testament Reading**

*Zechariah 9.9-12*

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem!  
Lo, your king comes to you; triumphant and victorious is he, humble and  
riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot  
from Ephraim and the warhorse from Jerusalem; and the battle-bow shall be  
cut off, and he shall command peace to the nations; his dominion shall be from  
sea to sea, and from the River to the ends of the earth.

As for you also, because of the blood of my covenant with you, I will set your  
prisoners free from the waterless pit. Return to your stronghold, O prisoners of  
hope; today I declare that I will restore to you double.

This is the word of the Lord.

**Thanks be to God.**

*Remain seated as the choir sings Psalm 145.8-14*

The Lord is gracious and merciful :  
long-suffering and of great goodness.

The Lord is loving unto every man :  
and his mercy is over all his works.

All thy works praise thee, O Lord :  
and thy saints give thanks unto thee.

They shew the glory of thy kingdom :  
and talk of thy power;

That thy power, thy glory, and mightiness of thy kingdom :  
might be known unto men.

Thy kingdom is an everlasting kingdom :  
and thy dominion endureth throughout all ages.

The Lord upholdeth all such as fall :  
and lifteth up all those that are down.

*Stand as the cantor sings the Alleluia and we respond*



Speak, Lord, for your servant is listening. You have the words of eternal life. **Alleluia.**

## **The Gospel**          *Matthew 11.16-19, 25-30*

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

At that time Jesus said

'To what will I compare this generation? It is like children sitting in the market-places and calling to one another,

"We played the flute for you, and you did not dance;  
we wailed, and you did not mourn."

For John came neither eating nor drinking, and they say, "He has a demon"; the Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.'

At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*The organist plays a Gospel fanfare*

*Once the Sermon has been introduced please sit*

## **Sermon**      The Archdeacon of Canterbury

*After the Sermon, a few moments of silence are kept as we reflect on what we have heard and then the choir sings*

### **The Motet**

Ave, verum corpus natum  
ex Maria Virgine:  
vere passum, immolatum  
in cruce pro homine:  
cuius latus perforatum  
fluxit aqua et sanguine:  
esto nobis praegustatum,  
in mortis examine.  
O Jesu dulcis, O Jesu pie,  
O Jesu Fili Mariae.  
Miserere mei. Amen.

*Hail the true body, born  
of the Virgin Mary:  
you who truly suffered and were  
sacrificed on the cross for the sake of  
man: from whose pierced flank  
flowed water and blood:  
be a foretaste for us  
in the trial of death.  
O sweet Jesus, O merciful Jesus,  
Son of Mary.  
Have mercy on me. Amen.*

*Words: 14<sup>th</sup> century Eucharistic hymn*

*Music: Matthew Martin (b. 1976)*

*Following the Motet please stand*

### **The Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father, God from God, Light from  
Light, true God from true God, begotten, not made, of one  
Being with the Father; through him all things were made.  
For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again in accordance with the  
Scriptures; he ascended into heaven and is seated at the right  
hand of the Father. He will come again in glory to judge the  
living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

*Please sit when the President says 'Let us pray'*

## **Prayers of Intercession**

*One of these responses is used*

Lord, in your mercy,  
**hear our prayer.**

Lord, hear us.  
**Lord, graciously hear us.**

*And at the end*

Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

## **The Liturgy of the Sacrament**

### **The Peace**

*Stand*

*The President says*

We are the body of Christ.  
In the one Spirit we were all baptized into one body.  
Let us then pursue all that makes for peace  
and builds up our common life.

The peace of the Lord be always with you.  
**And also with you.**

*The Deacon says*

Let us offer one another a sign of peace.

*Members of the congregation greet one another.*

*Remain standing to sing*

**The Offertory Hymn** *during which the table is prepared and the gifts of the people are gathered and presented. If you would prefer to give electronically, please use the QR code.*

*When the Thurifer turns to bow to the congregation, all turn to the altar.*





Let all mortal flesh keep silence  
and with fear and trembling stand;  
ponder nothing earthly-minded,  
for with blessing in his hand  
Christ our God to earth descendeth,  
our full homage to demand.

<sup>2</sup>King of kings, yet born of Mary,  
as of old on earth he stood,  
Lord of lords, in human vesture -  
in the body and the blood -  
he will give to all the faithful  
his own self for heavenly food.

<sup>3</sup>Rank on rank the host of heaven  
spreads its vanguard on the way,  
as the Light of light descendeth  
from the realms of endless day,  
that the powers of hell may vanish  
as the darkness clears away.

<sup>4</sup>At his feet the six-winged seraph;  
cherubim with sleepless eye  
veil their faces to the Presence,  
as with ceaseless voice they cry,  
alleluia, alleluia,  
alleluia, Lord most high.

Words: Liturgy of St James  
versified Gerard Moultrie (1829-85)

Tune: PICARDY

AM 452

*The President takes the bread and wine and praises God for his gifts*

Wise and gracious God,  
you spread a table before us;  
nourish your people with the word of life  
and the bread of heaven, Jesus Christ our Lord.  
**Amen.**

## **The Eucharistic Prayer**

The Lord be with you.  
**And also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness  
to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and singing:

*The choir sings*

Sanctus, sanctus, sanctus,  
Dominus Deus Sabaoth.  
Pleni sunt coeli et terra gloria tua.  
Hosanna in excelsis.

*Holy, holy, holy Lord,  
God of power and might.  
Heaven and earth are full of your glory.  
Hosanna in the highest.*

Benedictus qui venit  
In nomine Domini.  
Hosanna in excelsis.

*Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

*The Deacon says*

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours,  
almighty Father, for ever and ever. **Amen.**

## **The Lord's Prayer**

*The President says*

As we join our prayers with the Church Universal, so we say,  
each in our own language, the prayer that Jesus taught us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

*Notre Père...*

*Vater Unser...*

*Onze Vader...*

*Padre Nuestro...*

*Ojczy Nasz...*

*Baba Yetu...*

*E to matou Matua...*

*Ein Tad...*

*Πάτερ ἡμῶν*

*Remain standing for*

## **Breaking of the Bread**

*The President breaks the consecrated bread, saying*

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

*The President says*

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*Sit as the President and other ministers begin*

## **The Distribution of Communion**

*Please come up for Communion as directed by the stewards. All baptised Christians who receive communion in their own church are encouraged to receive today. If you are accompanied by children who do not yet receive, please bring them with you to receive a blessing. They must not be left on their own.*

*If you are not a communicant, you are welcome to come forward at this point in the service to receive a blessing, keeping your hands to your sides. Please ask the priest if you **need a gluten-free host**.*

*We request that **you do not intinct (dip) your host in the wine** but either take a sip from the cup or remain with your head bowed. This is for the reasons of good hygiene.*

*If you wish to receive communion without climbing the steps to the High Altar, please join the line for the station in the North-East Transept.*

*We keep a **prayerful silence** during Communion to allow others to prepare to receive the sacrament or pray afterwards.*

*During Communion, the choir sings the Agnus Dei*

Agnus Dei, qui tollis peccata mundi, miserere nobis.  
Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

*Lamb of God, you take away the sins of the world, have mercy on us.  
Lamb of God, you take away the sins of the world, grant us peace.*

## Prayer after Communion

*Stand as the President says*

Let us pray.

*Silence is kept*

Grant, O Lord,  
we beseech you, that the course of this world  
may be so peaceably ordered by your governance,  
that your Church may joyfully serve you in all godly quietness;  
through Jesus Christ our Lord. **Amen.**

*All then say*

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out in the power of your Spirit  
to live and work to your praise and glory. Amen.**

## The Dismissal



Lord of all hopefulness, Lord of all joy,  
whose trust, ever childlike, no cares can destroy,  
be there at our waking, and give us, we pray,  
your bliss in our hearts, Lord, at the break of the day.

<sup>2</sup>Lord of all eagerness, Lord of all faith,  
whose strong hands were skilled at the plane and the lathe,  
be there at our labours, and give us, we pray,  
your strength in our hearts, Lord, at the noon of the day.

<sup>3</sup>Lord of all kindness, Lord of all grace,  
your hands swift to welcome, your arms to embrace,  
be there at our homing, and give us, we pray,  
your love in our hearts, Lord, at the eve of the day.

<sup>4</sup>Lord of all gentleness, Lord of all calm,  
whose voice is contentment, whose presence is balm,  
be there at our sleeping, and give us, we pray,  
your peace in our hearts, Lord, at the end of the day.

*The President says*

The peace of God, which passes all understanding,  
keep your hearts and minds in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

*The Deacon says*

Go in the peace of Christ.

**Thanks be to God.**

*All remain standing as the choir and clergy depart*

## **Organ Voluntary**

**Tea and coffee will be served in the Clagett Auditorium following this morning's Eucharist. All are very welcome.**

**Kindly supported by the Friends of Canterbury Cathedral.**

**To find out more about the Friends visit:  
[www.canterbury-cathedral.org/support-us/friends](http://www.canterbury-cathedral.org/support-us/friends)**

### **Usual Pattern of Services**

7.30am	Morning Prayer	Monday-Friday
8.00am	Holy Communion	Daily
9.15am	Morning Prayer	Saturday, Sunday, & Bank Holidays
11.00am	Sung Eucharist	Sunday
12.30pm	Holy Communion	Wednesday
12.30pm	Taizé Prayer	Monday (see Music List)
5.30pm	Choral Evensong	Daily

# Safeguarding : Do you need to talk?

**Are you concerned about the safety of a child, young person or vulnerable adult?**

**Or is there something that you would like to discuss that affects you?**

A safeguarding concern is anything that may impact the safety and wellbeing of a child, young person or vulnerable adult; if they are being neglected, harmed or at risk of being harmed by others or themselves, and are in need of protection. To report a non-emergency safeguarding concern please scan the QR code and complete our online form or email [safeguarding@canterbury-cathedral.org](mailto:safeguarding@canterbury-cathedral.org)

TO REPORT AN EMERGENCY SAFEGUARDING CONCERN PLEASE

CONTACT THE CATHEDRAL CONSTABLES OFFICE:



Located by the main entrance to the Precincts, Christ Church Gate.

Alternatively, please call 01227 866237



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