



THE CATHEDRAL AND METROPOLITICAL CHURCH OF CHRIST, CANTERBURY

# Sung Eucharist



Trinity Sunday

26<sup>th</sup> May 2024

11.00am

Quire

# Welcome to Canterbury Cathedral for this Service

We are grateful to the Choir of Christ Church, Southgate  
for singing the services today.

The Choral Setting is  
W A Mozart (1756-91), Missa brevis in C 'Spatzenmesse', K220

Please ask a priest if you require a gluten-free communion wafer

## Livestreaming

This service will be livestreamed and you may be seen on camera,  
although we will not deliberately take any close-ups of the congregation.

By attending you agree to be seen in this way.

If you have any concerns please speak to a member of the clergy.

Cover Image: Detail from the altar frontal in the Jesus Chapel  
(photograph: David Such)



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Thank you for your co-operation.



An induction loop system for the hard of hearing is installed in the Cathedral. Hearing aid users should adjust their aid to T.



**Large print** orders of service are available from the stewards and virgins. Please ask.

# The Gathering

*A welcome is offered*

*Stand to sing*



Affirm anew the three-fold name  
of Father, Spirit, Son,  
our God whose saving acts proclaim  
a world's salvation won.  
In him alone we live and move  
and breath and being find,  
the wayward children of his love  
who cares for humankind.

<sup>2</sup>Declare in all the earth his grace,  
to every heart his call,  
the living Lord of time and place  
whose love embraces all.  
So shall his endless praise be sung,  
his teaching truly heard,  
and every culture, every tongue,  
receive his timeless word.

<sup>3</sup>Confirm our faith in this our day  
amid earth's shifting sand,  
with Christ as life and truth and way,  
a rock on which to stand;  
the one eternal Son and Lord  
by God the Father given,  
the true and life-imparting word,  
the way that leads to heaven.

<sup>4</sup>Renew once more the ancient fire,  
let love our hearts inflame;  
renew, restore, unite, inspire  
the church that bears your name;  
one name exalted over all,  
one Father, Spirit, Son,  
O grant us grace to heed your call  
and in that name be one.

*The President says*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace, mercy and peace from God our Father  
and the Lord Jesus Christ be with you.

**And also with you.**

**Almighty God, to whom all hearts are open, all desires known,  
and from whom no secrets are hidden: cleanse the thoughts of  
our hearts by the inspiration of your Holy Spirit, that we may  
perfectly love you, and worthily magnify your holy name; through  
Christ our Lord. Amen.**

*The President introduces*

## **Prayers of Penitence**

'How often have I longed to gather your children, as a hen gathers her brood  
under her wings,' says the Lord, 'but you would not come to me.'

Let us as wayward children return to God and confess our sins.

Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory:  
Lord, have mercy.

**Lord, have mercy.**

Woe is me, for I am lost: I am a person of unclean lips:

Christ, have mercy.

**Christ, have mercy.**

Your guilt is taken away, and your sin forgiven:

Lord, have mercy.

**Lord, have mercy.**

*The President says*

Almighty God, who forgives all who truly repent, have mercy upon you,  
pardon and deliver you from all your sins, confirm and strengthen you in all  
goodness and keep you in life eternal, through Jesus Christ our Lord.

**Amen.**

*Remain standing as the choir sings*

## **Gloria in Excelsis**

Gloria in excelsis Deo, et in terra pax hominibus bonae voluntatis. Laudamus  
te, benedicimus te, adoramus te, glorificamus te, gratias agimus tibi propter  
magnam gloriam tuam. Domine Deus, Rex coelestis, Deus pater omnipotens.  
Domine Fili unigenite, Jesu Christe; Domine Deus, Agnus Dei, Filius Patris,  
qui tollis peccata mundi, miserere nobis; qui tollis peccata mundi, suscipe  
deprecationem nostram; qui sedes ad dexteram Patris, miserere nobis.  
Quoniam tu solus Sanctus, tu solus Dominus, tu solus Altissimus, Jesu  
Christe, cum Sancto Spiritu: in gloria Dei Patris. Amen.

*Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.*

## **The Collect**

Let us pray.

*Silence is kept*

Almighty and everlasting God,  
you have given us your servants grace,  
by the confession of a true faith,  
to acknowledge the glory of the eternal Trinity  
and in the power of the divine majesty to worship the Unity:  
keep us steadfast in this faith,  
that we may evermore be defended from all adversities;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**Amen.**

*Sit*

## **The Liturgy of the Word**

### **Old Testament Reading**      *Isaiah 6.1-8*

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

'Holy, holy, holy is the Lord of hosts; the whole earth is full of his glory.'

The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: 'Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the Lord of hosts!'

Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: 'Now that this has touched your lips, your guilt has departed and your sin is blotted out.' Then I heard the voice of the Lord saying, 'Whom shall I send, and who will go for us?' And I said, 'Here am I; send me!'

This is the word of the Lord.

**Thanks be to God.**

*Remain seated as the choir sings Psalm 29*

Bring unto the Lord, O ye mighty, bring young rams unto the Lord :  
ascribe unto the Lord worship and strength.

Give the Lord the honour due unto his Name :  
worship the Lord with holy worship.

It is the Lord that commandeth the waters :  
it is the glorious God that maketh the thunder.

It is the Lord that ruleth the sea;  
the voice of the Lord is mighty in operation :  
the voice of the Lord is a glorious voice.

The voice of the Lord breaketh the cedar-trees :  
yea, the Lord breaketh the cedars of Libanus.

He maketh them also to skip like a calf :  
Libanus also, and Sirion, like a young unicorn.

The voice of the Lord divideth the flames of fire;  
the voice of the Lord shaketh the wilderness :  
yea, the Lord shaketh the wilderness of Cades.

The voice of the Lord maketh the hinds to bring forth young,  
and discovereth the thick bushes :  
in his temple doth every man speak of his honour.

The Lord sitteth above the water-flood :  
and the Lord remaineth a King for ever.

The Lord shall give strength unto his people :  
the Lord shall give his people the blessing of peace.

*Stand as the cantor sings the Alleluia and we respond*



Al - le - lu - ia, Al - le - lu - ia, Al le - lu - ia.

Glory to the Father, and to the Son and to the Holy Spirit,  
one God, who was and who is, and who is to come, the Almighty.

**Alleluia.**

## **The Gospel**

*John 3.1-17*

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to John.

**Glory to you, O Lord.**

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, 'Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.' Jesus answered him, 'Very truly, I tell you, no one can see the kingdom of God without being born from above.' Nicodemus said to him, 'How can anyone be born after having grown old? Can one enter a second time into the mother's womb and be born?' Jesus answered, 'Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, "You must be born from above." The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.' Nicodemus said to him, 'How can these things be?' Jesus answered him, 'Are you a teacher of Israel, and yet you do not understand these things?

'Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

'For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

'Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*The organist plays a Gospel fanfare*

*Once the Sermon has been introduced please sit*

## **Sermon**

The Dean

*Following the Sermon please stand*

## **The Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come.  
Amen.**

*Please sit when the President says 'Let us pray'*

## **Prayers of Intercession**

*This response is used*

*...mercy and grace.*

**We plead before your throne in heaven.**

*And at the end*

*...as we worship you, saying,  
**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest. Amen.***

*The choir sings*

## **The Motet**

Ave, verum corpus natum  
de Maria Virgine:  
vere passum, immolatum  
in cruce pro homine:  
cuius latus perforatum  
unda fluxit et sanguine:  
esto nobis praegustatum,  
in mortis examine.

*Hail the true body, born  
of the Virgin Mary:  
You who truly suffered and were sacrificed  
on the cross for the sake of man.  
From whose pierced flank  
flowed water and blood:  
Be a foretaste for us  
in the trial of death.*

*Words: 14<sup>th</sup> Century Eucharistic Hymn*

*Music: W A Mozart (1756-91)*

# **The Liturgy of the Sacrament**

## **The Peace**

*Stand*

*The President says*

Peace to you from God our heavenly Father.  
Peace from his Son Jesus Christ who is our peace.  
Peace from the Holy Spirit, the life-giver.

The peace of the triune God be always with you.  
**And also with you.**

Let us offer one another a sign of peace.

*Members of the congregation may greet one another.*

*Remain standing to sing*

**The Offertory Hymn** *during which the table is prepared and the gifts of the people are gathered and presented.*

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I bind unto myself today  
 The strong name of the Trinity,  
 By invocation of the same,  
 The Three in One, and One in Three.

<sup>2</sup>I bind this day to me for ever,  
 By power of faith, Christ's Incarnation;  
 His baptism in Jordan river;  
 His death on Cross for my salvation;  
 His bursting from the spiced tomb;  
 His riding up the heavenly way;  
 His coming at the day of doom;  
 I bind unto myself today.

<sup>4</sup>I bind unto myself today  
 The virtues of the star-lit heaven,  
 The glorious sun's life-giving ray,  
 The whiteness of the moon at even,  
 The flashing of the lightning free,  
 The whirling wind's tempestuous shocks,  
 The stable earth, the deep salt sea,  
 Around the old eternal rocks.

<sup>3</sup>I bind unto myself the power  
 Of the great love of Cherubim;  
 The sweet 'Well done!' in judgement hour;  
 The service of the Seraphim,  
 Confessors' faith, Apostles' word,  
 The Patriarchs' prayers, the Prophets' scrolls,  
 All good deeds done unto the Lord,  
 And purity of virgin souls.

<sup>5</sup>I bind unto myself today  
 The power of God to hold and lead,  
 His eye to watch, his might to stay,  
 His ear to hearken to my need.  
 The wisdom of my God to teach,  
 His hand to guide, his shield to ward;  
 The word of God to give me speech,  
 His heavenly host to be my guard.

<sup>6</sup>I bind unto myself the name,  
 The strong name of the Trinity;  
 By invocation of the same,  
 The Three in One, and One in Three.  
 Of whom all nature hath creation;  
 Eternal Father, Spirit, Word:  
 Praise to the Lord of my salvation,  
 Salvation is of Christ the Lord.

Words: attributed to St Patrick (372-466)  
 Tr Cecil Frances Alexander (1818-95)

Tune: ST PATRICK'S BREASTPLATE NEH 159

*The President takes the bread and wine and praises God for his gifts*

Holy God, holy and strong, holy and immortal,  
 give us the bread of everlasting life, and make us branches of the true vine.

**Amen.**

## The Eucharistic Prayer

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is indeed right, our duty and our joy, always and everywhere to give you thanks, holy Father, almighty and eternal God.

For with your only-begotten Son and the Holy Spirit you are one God, one Lord. All that you reveal of your glory, the same we believe of the Son and of the Holy Spirit, without any difference or inequality.

We, your holy Church, acclaim you, Father of majesty unbounded, your true and only Son, worthy of all worship, and the Holy Spirit, advocate and guide.

Three Persons we adore, one in being and equal in majesty.

And so with angels and archangels, with cherubim and seraphim, we sing for ever of your glory:

*The choir sings*

Sanctus, sanctus, sanctus, Dominus Deus Sabaoth. Pleni sunt coeli et terra gloria tua. Hosanna in excelsis.	<i>Holy, holy, holy Lord, God of power and might. Heaven and earth are full of your glory. Hosanna in the highest.</i>
--	--

Benedictus qui venit In nomine Domini. Hosanna in excelsis.	<i>Blessed is he who comes in the name of the Lord. Hosanna in the highest.</i>
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Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will, these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**Amen.**

## **The Lord's Prayer**

*The President says*

As we join our prayers with the Church Universal, so we say,  
each in our own language, the prayer that Jesus taught us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

*Notre Père...*

*Vater Unser...*

*Onze Vader...*

*Padre Nuestro...*

*Ojczy Nasz...*

*Baba Yetu...*

*E to matou Matua...*

*Ein Tad...*

*Remain standing for*

## **Breaking of the Bread**

*The President breaks the consecrated bread, saying*

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

*The President says*

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*Sit as the President and other ministers begin*

## **The Distribution of Communion**

*Please come up for Communion as directed by the stewards. All who are regular communicants in their own tradition are welcome to receive the sacrament. If you are not a communicant, you are welcome to come forward at this point in the service to receive a blessing, keeping your hands to your sides. Please ask the priest if you **need a gluten-free host**.*

*We request that **you do not intinct (dip) your host in the wine** but either take a sip from the cup or remain with your head bowed. This is for the reasons of good hygiene.*

*If you wish to receive communion without climbing the steps to the High Altar, please join the line for the station in the North-East Transept.*

*We keep a **prayerful silence** during Communion to allow others to prepare to receive the sacrament or pray afterwards.*

*During Communion, the choir sings the Agnus Dei*

Agnus Dei, qui tollis peccata mundi, miserere nobis.  
Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

*Lamb of God, you take away the sins of the world, have mercy on us.  
Lamb of God, you take away the sins of the world, grant us peace.*

## Prayer after Communion

*Stand as the President says*

Let us pray.

*Silence is kept*

Almighty and eternal God,  
you have revealed yourself as Father, Son and Holy Spirit,  
and live and reign in the perfect unity of love:  
hold us firm in this faith,  
that we may know you in all your ways  
and evermore rejoice in your eternal glory,  
who are three Persons yet one God,  
now and for ever. **Amen.**

*All then say*

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory. Amen.**

# The Dismissal



Holy, Holy, Holy! Lord God Almighty!  
Early in the morning our song shall rise to thee;  
Holy, Holy, Holy! Merciful and mighty!  
God in three Persons, blessed Trinity!

<sup>2</sup>Holy, Holy, Holy! all the saints adore thee,  
Casting down their golden crowns around the glassy sea;  
Cherubim and seraphim falling down before thee,  
Which wert, and art, and evermore shalt be.

<sup>3</sup>Holy, Holy, Holy! though the darkness hide thee,  
Though the eyes of sinful man thy glory may not see,  
Only thou art holy, there is none beside thee  
Perfect in power, in love, and purity.

<sup>4</sup>Holy, Holy, Holy! Lord God Almighty!  
All thy works shall praise thy name, in earth, and sky, and sea;  
Holy, Holy, Holy! Merciful and mighty!  
God in three Persons, blessed Trinity!

Words: Reginald Heber (1783-1826)

Tune: NICAEA

NEH 146

*The President says*

God the Holy Trinity make you strong in faith and love,  
defend you on every side,  
and guide you in truth and peace:  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

Go in the peace of Christ.

**Thanks be to God.**

*All remain standing as the choir and clergy depart*

**Organ Voluntary**

### **Usual Pattern of Services**

7.30am	Morning Prayer	Monday-Friday
8.00am	Holy Communion	Daily
9.15am	Morning Prayer	Saturday & Sunday
11.00am	Sung Eucharist	Sunday
12.30pm	Holy Communion	Wednesday & Feast Days
12.30pm	Taizé Prayer	Monday (not Feast Days)
5.30pm	Choral Evensong	Daily (said Thursday)

### **Special Services this week**

#### **Thursday 30<sup>th</sup> May – Corpus Christi Day of Thanksgiving for Holy Communion**

12.30pm – Holy Communion  
5.30pm – Sung Eucharist

**Friday 31<sup>st</sup> May**  
**The Visitation of the Blessed Virgin Mary to Elisabeth**  
12.30pm – Holy Communion



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