



THE CATHEDRAL AND METROPOLITICAL CHURCH OF CHRIST, CANTERBURY

# Sung Eucharist



The Conversion of Paul,  
end of the Week of Prayer for Christian Unity

25<sup>th</sup> January 2026

11.00am

Quire

# Welcome to Canterbury Cathedral for this Eucharist

The Choral Setting is  
Charles Villiers Stanford (1852-1924), Communion Service in C and F

Please ask the priest if you require a gluten-free communion wafer.

## Livestreaming

This service will be livestreamed and you may be seen on camera, although we will not deliberately take any close-ups of the congregation.

By attending you agree to be seen in this way.

If you have any concerns please speak to a member of the clergy.

Cover Image: St Paul, window in the North-West Transept

## Health and Safety

Much of the present Cathedral was built hundreds of years ago. Whilst most of the parts of this ancient cathedral that are normally open to the public are easily accessible for all, the historic stone floor may be unpredictably uneven in places, entry to some parts is via stone steps or access ramps of varying gradients, and lighting levels may vary.

Please exercise due care and attention before, during and after the service and move around with regard for your safety. The Cathedral is unable to accept liability for any personal injury or damage to property unless this is due to our own negligence.



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**By cash or cheques** payable to 'Canterbury Cathedral' in Gift Aid envelopes - UK taxpayers please fill in the details on the envelope. Or you can give a one-off donation at one of our **contactless donation points** in the South Transept after the service.



Please ensure that mobile phones are switched off. No form of visual or sound recording, or any form of photography, is permitted during Services. Thank you for your co-operation.



An induction loop system for the hard of hearing is installed in the Cathedral. Hearing aid users should adjust their aid to T.



**Large print** orders of service are available from the stewards and virgers. Please ask.

# The Gathering

*A welcome is offered*

*Stand to sing*



Give us the wings of faith to rise  
within the veil, and see  
the saints above, how great their joys,  
how bright their glories be.

<sup>2</sup>Once they were mourning here below,  
their couch was wet with tears;  
they wrestled hard, as we do now,  
with sins and doubts and fears.

<sup>3</sup>We ask them whence their victory came:  
they, with united breath,  
ascribe their conquest to the Lamb,  
their triumph to his death.

<sup>4</sup>They marked the footsteps that he trod,  
his zeal inspired their breast,  
and, following their incarnate God,  
possess the promised rest.

<sup>5</sup>Our glorious Leader claims our praise  
for his own pattern given;  
while the long cloud of witnesses  
show the same path to heaven.

*Words:* Isaac Watts (1674-1748)

*Tune:* SONG 67

AM 299i

*The President says*

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace, mercy and peace from God our Father  
and the Lord Jesus Christ be with you.

**And also with you.**

**Almighty God, to whom all hearts are open, all desires known,  
and from whom no secrets are hidden: cleanse the thoughts of  
our hearts by the inspiration of your Holy Spirit, that we may  
perfectly love you, and worthily magnify your holy name; through  
Christ our Lord. Amen.**

*The Deacon introduces*

## **Prayers of Penitence**

We were once dead through the trespasses and sins in which we lived,  
but now we are alive together with Christ.

Through him we have access in one Spirit to the Father,  
to whom we humbly confess our sins.

*Remain standing to say*

Lord Jesus, in your love you invite us to be your friends:  
Lord, have mercy. **Lord, have mercy.**

Lord Jesus, in your joy you choose us to go out and bear fruit:  
Christ, have mercy. **Christ, have mercy.**

Lord Jesus, in your power you send us to be your faithful witnesses:  
Lord, have mercy. **Lord, have mercy.**

*The President says*

Almighty God, who forgives all who truly repent, have mercy upon you,  
pardon and deliver you from all your sins, confirm and strengthen you in all  
goodness and keep you in life eternal, through Jesus Christ our Lord.  
**Amen.**

*Remain standing as the choir sings*

## **Gloria in Excelsis**

Glory be to God on high, and in earth peace, good will towards men. We praise  
thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee  
for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of  
the Father, that takest away the sins of the world, have mercy upon us. Thou  
that takest away the sins of the world, have mercy upon us. Thou that takest  
away the sins of the world, receive our prayer. Thou that sittest at the right  
hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the  
Holy Ghost, art most high in the glory of God the Father. Amen.

## **The Collect**

Let us pray.

*Silence is kept*

Almighty God,  
who caused the light of the gospel to shine throughout the world through the  
preaching of your servant Saint Paul: grant that we who celebrate his wonderful  
conversion may follow him in bearing witness to your truth;  
through Jesus Christ your Son our Lord, who is alive and reigns with you,  
in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

*Sit*

# **The Liturgy of the Word**

## **First Reading**

*Acts 9. 1-22*

Saul, still breathing threats and murder against the disciples of the Lord, went to the high priest and asked him for letters to the synagogues at Damascus, so that if he found any who belonged to the Way, men or women, he might bring them bound to Jerusalem. Now as he was going along and approaching Damascus, suddenly a light from heaven flashed around him. He fell to the ground and heard a voice saying to him, 'Saul, Saul, why do you persecute me?' He asked, 'Who are you, Lord?' The reply came, 'I am Jesus, whom you are persecuting. But get up and enter the city, and you will be told what you are to do.' The men who were travelling with him stood speechless because they heard the voice but saw no one. Saul got up from the ground, and though his eyes were open, he could see nothing; so they led him by the hand and brought him into Damascus. For three days he was without sight, and neither ate nor drank.

Now there was a disciple in Damascus named Ananias. The Lord said to him in a vision, 'Ananias.' He answered, 'Here I am, Lord.' The Lord said to him, 'Get up and go to the street called Straight, and at the house of Judas look for a man of Tarsus named Saul. At this moment he is praying, and he has seen in a vision a man named Ananias come in and lay his hands on him so that he might regain his sight.' But Ananias answered, 'Lord, I have heard from many about this man, how much evil he has done to your saints in Jerusalem; and here he has authority from the chief priests to bind all who invoke your name.' But the Lord said to him, 'Go, for he is an instrument whom I have chosen to bring my name before Gentiles and kings and before the people of Israel; I myself will show him how much he must suffer for the sake of my name.' So Ananias went and entered the house. He laid his hands on Saul and said, 'Brother Saul, the Lord Jesus, who appeared to you on your way here, has sent me so that you may regain your sight and be filled with the Holy Spirit.' And immediately something like scales fell from his eyes, and his sight was restored. Then he got up and was baptized, and after taking some food, he regained his strength. For several days he was with the disciples in Damascus, and immediately he began to proclaim Jesus in the synagogues, saying, 'He is the Son of God.' All who heard him were amazed and said, 'Is not this the man who made havoc in Jerusalem among those who invoked this name? And has he not come here for the purpose of bringing them bound before the chief priests?' Saul became increasingly more powerful and confounded the Jews who lived in Damascus by proving that Jesus was the Messiah.

This is the word of the Lord.

**Thanks be to God.**

*Remain seated as the choir sings Psalm 67*

God be merciful unto us, and bless us :  
and shew us the light of his countenance, and be merciful unto us;

That thy way may be known upon earth :  
thy saving health among all nations.

Let the people praise thee, O God :  
yea, let all the people praise thee.

O let the nations rejoice and be glad :  
for thou shalt judge the folk righteously, and govern the nations upon earth.

Let the people praise thee, O God :  
let all the people praise thee.

Then shall the earth bring forth her increase :  
and God, even our own God, shall give us his blessing.

God shall bless us :  
and all the ends of the world shall fear him.

*Stand as the cantor sings the Alleluia and we respond*



Alleluia, alleluia, alleluia.

Many who are first will be last, and the last will be first.

**Alleluia.**

**The Gospel**                      *Matthew 19. 27-30*

The Lord be with you.

**And also with you.**

Hear the Gospel of our Lord Jesus Christ according to Matthew.

**Glory to you, O Lord.**

Peter said to Jesus: 'Look, we have left everything and followed you. What then will we have?' Jesus said to them, 'Truly I tell you, at the renewal of all things, when the Son of Man is seated on the throne of his glory, you who have followed me will also sit on twelve thrones, judging the twelve tribes of Israel. And everyone who has left houses or brothers or sisters or father or mother or children or fields, for my name's sake, will receive a hundredfold, and will inherit eternal life. But many who are first will be last, and the last will be first.'

This is the Gospel of the Lord.

**Praise to you, O Christ.**

*The organist plays a Gospel fanfare*

*Once the Sermon has been introduced please sit*

**Sermon**    The Venerable Dr W J Adam, Archdeacon of Canterbury

*After the Sermon, a few moments of silence are kept as we reflect on what we have heard and then the choir sings*

## The Motet

Ave, verum corpus  
natum ex Maria Virgine,  
vere passum immolatum  
in cruce pro homine,  
cuius latus perforatum  
vero fluxit sanguine:  
Esto nobis praegustatum  
Mortis in examine.  
O clemens, O pie,  
O dulcis Jesu fili Mariae.

*Hail, true Body,  
born of the Virgin Mary,  
who having truly suffered,  
was sacrificed on the cross for humankind,  
whose pierced side  
flowed with water and blood:  
May it be for us a foretaste  
in the trial of death.  
O merciful one, O holy one,  
O sweet Jesus, son of Mary.*

*Words: 13<sup>th</sup> Century Eucharistic Hymn*

*Music: Edward Elgar (1857-1934)*

*Following the Motet please stand to say*

## The Nicene Creed

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come.**

**Amen.**

*Please sit or kneel when the President says 'Let us pray'*

## **Prayers of Intercession**

*This response is used*

Lord, have mercy.

**Christ, have mercy.**

*And at the end*

Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

## **The Liturgy of the Sacrament**

### **The Peace**

*Stand*

*The President says*

Let the peace of God, which surpasses all understanding,  
guard our hearts and our minds in Christ Jesus.

The peace of the Lord be always with you.

**And also with you.**

*The Deacon says*

Let us offer one another a sign of peace.

*Members of the congregation greet one another*

*Remain standing to sing*

**The Offertory Hymn** *during which the table is prepared and the gifts of the people are gathered and presented. If you would prefer to give electronically, please use the QR code*





*When the Thurifer turns to bow to the congregation, all turn to the altar*



Deck thyself, my soul, with gladness,  
leave the gloomy haunts of sadness;  
come into the daylight's splendour,  
there with joy thy praises render  
unto him whose grace unbounded  
hath this wondrous banquet founded:  
high o'er all the heavens he reigneth,  
yet to dwell with thee he deigneth.

<sup>2</sup>Now I sink before thee lowly,  
filled with joy most deep and holy,  
as with trembling awe and wonder  
on thy mighty works I ponder:  
how, by mystery surrounded,  
depths no mortal ever sounded,  
none may dare to pierce unbidden  
secrets that with thee are hidden.

<sup>3</sup>Sun, who all my life dost brighten,  
light, who dost my soul enlighten,  
joy, the sweetest heart e'er knoweth;  
fount, whence all my being floweth;  
at thy feet I cry, my Maker,  
let me be a fit partaker  
of this blessed food from heaven,  
for our good, thy glory, given.

<sup>4</sup>Jesus, Bread of life, I pray thee,  
let me gladly here obey thee;  
never to my hurt invited,  
be thy love with love requited:  
from this banquet let me measure,  
Lord, how vast and deep its treasure;  
through the gifts thou here dost give me,  
as thy guest in heaven receive me.

Words: German, Johann Franck (1618-77)  
Tr Catherine Winkworth (1827-78)

Tune: SCHMÜCKE DICH

AM 440

*The President takes the bread and wine and praises God for his gifts*

Almighty Father,  
as we celebrate this holy sacrament of our redemption  
may your Spirit fill us with the light of faith;  
by the grace of our Lord Jesus Christ. **Amen.**

## **The Eucharistic Prayer**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

It is indeed right and good,  
our duty and our joy,  
at all times and in all places  
to give you thanks and praise,  
holy Father, almighty and eternal God,  
through Jesus Christ our Lord.

For on this day he called to his service  
the blasphemer and persecutor of your Church.  
Saul, who had resisted your grace,  
became Paul, the apostle to the Gentiles.  
Because he was faithful and true in his ministry,  
you made him an example of patient service,  
to instruct in the way of eternal life  
all those who heard his preaching and believed your word.

Now, therefore, he who became your chosen instrument  
for the salvation of the nations  
has made us also eager to proclaim your mercy,  
and sing in union with all the powers of heaven  
the joyful hymn of your praise:

*The choir sings*

Holy, holy, holy, Lord God of Hosts,  
Heaven and earth are full of thy glory:  
Glory be to thee, O Lord most high, Amen.

Blessed is he that cometh in the name of the Lord,  
Hosanna in the highest.

Accept our praises, heavenly Father,  
through your Son our Saviour Jesus Christ,  
and as we follow his example and obey his command,  
grant that by the power of your Holy Spirit  
these gifts of bread and wine  
may be to us his body and his blood;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father,  
we remember his offering of himself  
made once for all upon the cross;  
we proclaim his mighty resurrection and glorious ascension;  
we look for the coming of your kingdom,  
and with this bread and this cup  
we make the memorial of Christ your Son our Lord.

*The Deacon says*

Great is the mystery of faith:

**Christ has died: Christ is risen: Christ will come again.**

Accept through him, our great high priest,  
this our sacrifice of thanks and praise,  
and as we eat and drink these holy gifts  
in the presence of your divine majesty,  
renew us by your Spirit,  
inspire us with your love  
and unite us in the body of your Son,  
Jesus Christ our Lord.

Through him, and with him, and in him,  
in the unity of the Holy Spirit,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty,  
in songs of everlasting praise:

**Blessing and honour and glory and power  
be yours for ever and ever. Amen.**

## **The Lord's Prayer**

*The President says*

As we join our prayers with the Church Universal, so we say,  
each in our own language, the prayer that Jesus taught us.

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever. Amen.**

*Notre Père...*

*Vater Unser...*

*Onze Vader...*

*Padre Nuestro...*

*Ojcie Nasz...*

*Baba Yetu...*

*E to matou Matua...*

*Ein Tad...*

*Πάτερ ἡμῶν*

*Remain standing for*

## **Breaking of the Bread**

*The President breaks the consecrated bread, saying*

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

*The President says*

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.  
**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*Sit as the President and other ministers begin*

## **The Distribution of Communion**

*Please come up for Communion as directed by the stewards. All baptised Christians who receive communion in their own church are encouraged to receive today. If you are accompanied by children who do not yet receive, please bring them with you to receive a blessing. They should not be left on their own.*

*If you are not a communicant, you are welcome to come forward at this point in the service to receive a blessing, keeping your hands to your sides. Please ask the priest if you **need a gluten-free host**.*

*We request that **you do not intinct (dip) your host in the wine** but either take a sip from the cup or remain with your head bowed. This is for the reasons of good hygiene.*

*If you wish to receive communion without climbing the steps to the High Altar, please join the line for the station in the North-East Transept.*

*We keep a **prayerful silence** during Communion to allow others to prepare to receive the sacrament or pray afterwards.*

*During Communion, the choir sings the Agnus Dei*

O Lamb of God, that takest away the sins of the world, have mercy upon us.  
O Lamb of God, that takest away the sins of the world, grant us thy peace.

## **Prayer after Communion**

*Stand as the President says*

Let us pray.

*Silence is kept*

Almighty God,  
who on the day of Pentecost  
sent your Holy Spirit to the apostles  
with the wind from heaven and in tongues of flame,  
filling them with joy and boldness to preach the gospel:  
by the power of the same Spirit  
strengthen us to witness to your truth  
and to draw everyone to the fire of your love;  
through Jesus Christ our Lord.

**Amen.**

*All then say*

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory.  
Amen.**

# The Dismissal



God, whose city's sure foundation  
stands upon his holy hill,  
by his mighty inspiration  
chose of old and chooseth still  
men and women of each nation  
his good pleasure to fulfill.

<sup>3</sup>Some there were like lamps of learning  
shining in a faithless night,  
some on fire with love, and burning  
with a flaming zeal for right,  
some by simple goodness turning  
souls from darkness unto light.

<sup>2</sup>Here before us through the ages,  
while the Christian years went by,  
saints, confessors, martyrs, sages,  
strong to live and strong to die,  
wrote their names upon the pages  
of God's blessed company.

<sup>4</sup>As we now with high thanksgiving  
their triumphant names record,  
grant that we, like the, believing  
in the promise of thy word,  
may, like them, in all good living  
praise and magnify the Lord.

*Words:* Cyril Alington (1872-1955)

*Tune:* WESTMINSTER ABBEY

AM301, t 291

*The President says*

May Christ who called Paul to his service,  
and to preach the good news to the world,  
strengthen you to witness to his grace and love.  
And the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

*The Deacon says*

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

*All remain standing as the choir and clergy depart*

## Organ Voluntary

**Tea and coffee will be served in the Clagett Auditorium following this morning's Eucharist. All are very welcome.**

**Kindly supported by the Friends of Canterbury Cathedral.**

**To find out more about the Friends visit:  
[www.canterbury-cathedral.org/support-us/friends](http://www.canterbury-cathedral.org/support-us/friends)**

### **Usual Pattern of Services**

7.30am	Morning Prayer	Monday-Friday
8.00am	Holy Communion	Daily
9.15am	Morning Prayer	Saturday & Sunday
11.00am	Sung Eucharist	Sunday
12.30pm	Holy Communion	Wednesday
12.30pm	Taizé Prayer (In Choir Term)	Monday
5.30pm	Choral Evensong	Daily (said with silence Thursdays)

# **Safeguarding : Do you need to talk?**

**Are you concerned about the safety of a child, young person or vulnerable adult?**

**Or is there something that you would like to discuss that affects you?**

A safeguarding concern is anything that may impact the safety and wellbeing of a child, young person or vulnerable adult; if they are being neglected, harmed or at risk of being harmed by others or themselves, and are in need of protection. To report a non-emergency safeguarding concern please scan the QR code and complete our online form or email [safeguarding@canterbury-cathedral.org](mailto:safeguarding@canterbury-cathedral.org)

TO REPORT AN EMERGENCY SAFEGUARDING CONCERN PLEASE  
CONTACT THE CATHEDRAL CONSTABLES OFFICE:



Located by the main entrance to the Precincts, Christ Church Gate.

Alternatively, please call 01227 866237



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