

## Community News:

### Places where kids eat free (or for £1) during summer holidays

Money Saving Central has provided a list of places where children can eat for free or £1 over the summer holidays. Locally these include:

<b>Asda</b> - Children eat for £1 all day in Asda Cafés	<b>Bills</b> - two children eat free all day	<b>Whitbread Inns</b> - Two kids under 16 eat for free with every adult breakfast
<b>Tesco</b> - Children eat free with a purchase of 60p+	<b>Sainsbury's Cafés</b> - Kids eat for £1 with a purchase of an adult hot main	<b>Bella Italia</b> - Children eat for £1 with any adult mains, 4-6pm, Mon-Thu
<b>Morrisons</b> - Spend £4.49 & get one kid's meal free	<b>Pausa Café @ Dunelm</b> - Kids get 1 mini main, 2 snacks & a drink free with every £4 spend after 3pm	<b>The Real Greek</b> - Kids under 12 eat free every Sunday for every £10 adult spend

### Eco Church - Going for Gold Group

Fred McCormack, our head constable is seeking volunteers from across the organisation to join the 'Eco Church – Going for Gold' group. Eco Church is the award scheme for Churches in England and Wales to implement and demonstrate environmental practices, run by A Rocha UK. Participants complete an online survey covering 5 areas of Church life: Worship and Teaching; Buildings; Land / Gardens; Community and Global Engagement including hospitality; and Lifestyle. We last completed this survey in 2019 and were awarded a Bronze Award. As part of our Net Zero Carbon Action Plan, we are seeking to accelerate work and achieve a Gold Award.

Working together to help all of God's creation is something I hope you will find inspiring and fun.

If you would be interested in supporting this work, please email

[Fred.McCormack@canterbury-cathedral.org](mailto:Fred.McCormack@canterbury-cathedral.org)

If you would like to make a donation to the Cathedral, please use the following link:  
<https://www.canterbury-cathedral.org/get-involved/donate/online-form/>

Please send submissions for the Pew Sheet to:  
[tobin.wallace-sims@canterbury-cathedral.org](mailto:tobin.wallace-sims@canterbury-cathedral.org) by Wednesday please



THE CATHEDRAL AND METROPOLITAN CHURCH OF CHRIST, CANTERBURY  
**Welcome to our services for the week beginning Sunday 13th August 2023**  
The Tenth Sunday after Trinity

### You are more than welcome to join us at any of the following daily services

<b>Weekend Services (Sat &amp; Sun)</b>		<b>Weekday Services (Mon—Fri)</b>	
8.00	Holy Communion	7.30	Matins
9.15	Matins	8.00	Holy Communion
11.00	Choral Eucharist (Sunday)	11.00	Bell Ceremony
15.00	Huguenot Service (in French, Sunday only)	12.30	Holy Communion (Wednesdays and Feast Days)
17.30	Choral Evensong	17.30	Choral Evensong

### Additional Services and Events taking place this week:

Tuesday 15th August	12.30	<b>Festal Eucharist for the Blessed Virgin Mary</b> We remember the unique place that Mary has in the story of our salvation, and celebrate her in word and sacrament on her festal day.
Wed 16th August	12.30	<b>Holy Communion</b> In addition to the daily service of Holy Communion at 8am, there is a celebration of the Eucharist every Wednesday in the Chapel of Our Lady Undercroft, in the Crypt.
Fri 18th August	12.00-13.00	<b>Confessions</b> – The Cathedral's Chaplains offer the Sacrament of Reconciliation (Confession) each Friday in the chapel of the Holy Innocents in the Crypt.
This week	17.30 each day & Sunday at 11.00	We welcome the visiting choirs that are singing our services whilst the Cathedral Choir is on Summer Holiday. Today: The Choir of Christ Church, Winnetka; Monday 14th-Wednesday 16th and Friday 18th-Sunday 20th: The Choir of All Saints', Beverly Hills. Thursday 17th August: Said Evening Prayer with hymns and organ music.

## Dates for your diary at the Cathedral and across the city:

### 'The Inside Story' Tour

WEEKLY Monday - Saturday 10:30, 12:00 and 14:00 and Sundays 13:00

Discover the story of Canterbury Cathedral through its soaring architecture, beautiful medieval stained glass and the history that helped make and shape the Cathedral.

*£5 per person. Book at our Visitor Centre.*

### Graffiti Tours - August (selected Tuesdays and Thursdays)

The Cathedral's Historic Graffiti Team shine a light on a selection of the historic graffiti that can be found throughout the Cathedral. *£5 per person book at our Visitor Centre.*

*For more information about this tour, please email [visits@canterbury-cathedral.org](mailto:visits@canterbury-cathedral.org)*

### Stained Glass Windows Tours

In 2021, it was established that some stained-glass windows at Canterbury Cathedral are among the oldest in the world. Join us on a guided tour, offering an introduction to the history and range of stained glass found at the Cathedral, from medieval to modern.

Available dates: 11:15-12:15, Tues 15 August, 11:15-12:15, Thurs 24 August, 11:15-12:15, Tues 29 August, 11:15-12:15. *£5 per person. Book at our Visitor Centre.*

*For more information about this tour, please email [visits@canterbury-cathedral.org](mailto:visits@canterbury-cathedral.org)*

### Precincts and Gardens Tours

Explore the Cathedral Precincts to find traces of the lives of the monks who were the site's early inhabitants and discover our beautiful public gardens while learning how these spaces, created over centuries, are still used and tended by our gardening team today. Fri 18 August, 12:15-13:30, Fri 25 August, 12:15-13:30

Fri 1 September, 12:15-13:30. *£5 per person. Book at our Visitor Centre.*

*For more information about this tour, please email [visits@canterbury-cathedral.org](mailto:visits@canterbury-cathedral.org)*

### Film Club - TODAY - 2pm - Vertigo

Hitchcock's romantic story of obsession, manipulation and fear. A detective is forced to retire after his fear of heights causes the death of a fellow officer and the girl he was hired to follow. He sees a double of the girl, causing him to transform her image onto the dead girl's body. This leads into a cycle of madness and lies.

PG Vertigo (1958) Contains mild threat and references to suicide.

### Canterbury Cathedral Library Tours - 16th August

The Cathedral Library collection includes books on a range of subject matters from the early decades of printing onwards, including books from some of the earliest European printing presses. Join a 45-minute guided tour in the Library building on selected Wednesdays to learn more about the Library and its collections, and explore some of the collection close-up. Tour costs £8 per person. Pre-booking required.

## FREE\* Summer Discovery Days

Join us this summer for our drop-in sessions, jam-packed with Cathedral trails, activities, and arts and crafts on a journey through Canterbury Cathedral's epic 1,400-year history! Get your hands dirty with clay modelling, make your friends jealous with your own hand-made personalised mitre (bishop's hat), and discover history brought to life in our free Family Tours!

### Monday 14 - Friday 18 August - Week 2: Stories in Glass

Uncover the stories set in our stained glass windows, make your own kaleidoscope and create your own comic inspired by stained glass.

### Monday 21 - Friday 25 August - Week 3: Magnificent Mitres

Design and create your own mitre (Bishop's hat) and learn about the different vestments (clothes) of the Anglican Church, through activity packs and dressing up.

### Tuesday 29 August - Friday 1 September - Week 4: All Creatures Great and Small

Get your hands dirty and create your own clay creature, inspired by the creatures within Canterbury Cathedral. \* Normal Admission Charges apply.

### Quiet Morning at Aylesford Priory - 2nd September

The Quiet Morning from 10 am to 2 pm on Saturday 2<sup>nd</sup> September 2023 is entitled *For the Beauty of the Earth* and will be a chance to contemplate God through the gift of his creation at the beginning of the Creation Season. The cost for the morning is £10. Watch for the Eventbrite link which will be out shortly giving further details and a chance to book.

### Cocktails and Clerks

Join The Friends after Evensong on Friday 15 September for a late-summer evening of cocktails and canapés whilst we are entertained by some of our talented Lay Clerks. We shall enjoy a mixed medley of music in the Campanile Garden of The Lodge which overlooks our Cathedral. Tickets are £20 Friends and £22 for non-members. Contact The Friends' Office, 11 The Precincts or 01227 8652925, for more information and to book.

### Friends' Events

The Friends' busy *Programme of Events* is pausing for a summer break as new events for autumn and winter are being planned. But you might wish to book tickets for **two talks in October** which are already selling fast! On Tuesday 3 October, Charlotte Cornwell, MEMS (Medieval and Early Modern Studies) researcher at the University of Kent and Vice Chair of the Canterbury Commemoration Society, will talk to Friends about **Aphra Behn – Playright, Poet, and Spy** – who was born in Harbledown and became the first professional writer in the English language. The talk will be at 14.30 in the Clagett Auditorium. On Tuesday 10 October, Doreen Rosman, who taught history at the University of Kent, will give a talk on **Tudor Canterbury – From Catholic to Protestant** at 10.30, again in the Clagett. Tickets for each talk cost £8 for Friends and £10 for non-members, and include tea and coffee on arrival. Call in to The Friends' Office, 11 The Precincts or phone us on 01227 865292, or book online here

<https://www.canterbury-cathedral.org/get-involved/become-a-friend/>