



THE CATHEDRAL AND METROPOLITICAL CHURCH OF CHRIST, CANTERBURY

Sung Eucharist



Third Sunday after Trinity

21st June 2026

11.00am

Quire

Welcome to Canterbury Cathedral for this Eucharist

The Choral Setting is
Joseph Haydn (1732-1809), Missa Sancti Johannes de Deo

Please ask a priest if you require a gluten-free communion wafer

Livestreaming

This service will be livestreamed and you may be seen on camera, although we will not deliberately take any close-ups of the congregation.

By attending you agree to be seen in this way.

If you have any concerns please speak to a member of the clergy.

Cover Image: The Chair of St Augustine

The Purbeck marble chair (probably dating from the early 13th century), in which archbishops have been enthroned (either in person or by proxy) for centuries, was returned to its medieval position at the top of the steps to the Trinity Chapel in 1977.

Health and Safety

Much of the present Cathedral was built hundreds of years ago. Whilst most of the parts of this ancient cathedral that are normally open to the public are easily accessible for all, the historic stone floor may be unpredictably uneven in places, entry to some parts is via stone steps or access ramps of varying gradients, and lighting levels may vary.

Please exercise due care and attention before, during and after the service and move around with regard for your safety. The Cathedral is unable to accept liability for any personal injury or damage to property unless this is due to our own negligence.



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By cash or cheques payable to 'Canterbury Cathedral' in Gift Aid envelopes - UK taxpayers please fill in the details on the envelope. Or you can give a one-off donation at one of our **contactless donation points** in the South Transept after the service.



Please ensure that mobile phones are switched off. No form of visual or sound recording, or any form of photography, is permitted during Services. Thank you for your co-operation.



An induction loop system for the hard of hearing is installed in the Cathedral. Hearing aid users should adjust their aid to T.



Large print orders of service are available from the stewards and virgers. Please ask.

The Gathering

A welcome is offered

Stand to sing



Thy hand, O God, has guided
thy flock, from age to age;
the wondrous tale is written,
full clear, on every page;
thy people owned thy goodness,
and we their deeds record;
and both of this bear witness:
one Church, one faith, one Lord.

²Thy heralds brought glad tidings
to greatest, as to least;
they bade all rise, and hasten
to share the great King's feast;
and this was all their teaching,
in every deed and word,
to all alike proclaiming
one Church, one faith, one Lord.

³When shadows thick were falling,
and all seemed sunk in night,
thou, Lord, didst send thy servants,
thy chosen sons of light.
on them and on thy people
thy plenteous grace was poured,
and this was still their message:
one Church, one faith, one Lord.

⁴Through many a day of darkness,
through many a scene of strife,
the faithful few fought bravely,
to guard the nation's life.
Their Gospel of redemption,
sin pardoned, hope restored,
was all in this enfolded,
one Church, one faith, one Lord.

⁵And we, shall we be faithless?
shall hearts fail, hands hang down?
shall we evade the conflict,
and cast away our crown?
Not so: in God's deep counsels
some better thing is stored;
we will maintain, unflinching,
one Church, one faith, one Lord.

⁶Thy mercy will not fail us,
nor leave thy work undone;
with thy right hand to help us,
the victory shall be won;
and then, by all creation,
thy name shall be adored,
and this shall be their anthem,
one Church, one faith, one Lord.

Words: Edward Plumptre (1821-91)

Tune: THORNBURY

AM 814

The President says

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you.

And also with you.

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

The Deacon introduces

Prayers of Penitence

God the Father forgives us in Christ and heals us by the Holy Spirit. Let us therefore put away all anger and bitterness, all slander and malice, and confess our sins to God our redeemer.

Remain standing to say

Almighty God, our heavenly Father, we have sinned against you and against our neighbour in thought and word and deed, through negligence, through weakness, through our own deliberate fault.

We are truly sorry and repent of all our sins. For the sake of your Son Jesus Christ, who died for us, forgive us all that is past and grant that we may serve you in newness of life to the glory of your name. Amen.

The President says

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness and keep you in life eternal, through Jesus Christ our Lord. **Amen.**

Remain standing as the choir sings

Gloria in Excelsis

Gloria in excelsis Deo, et in terra pax hominibus bonae voluntatis. Laudamus te, benedicimus te, adoramus te, glorificamus te, gratias agimus tibi propter magnam gloriam tuam. Domine Deus, Rex coelestis, Deus pater omnipotens. Domine Fili unigenite, Jesu Christe; Domine Deus, Agnus Dei, Filius Patris, qui tollis peccata mundi, miserere nobis; qui tollis peccata mundi, suscipe deprecationem nostram; qui sedes ad dexteram Patris, miserere nobis. Quoniam tu solus Sanctus, tu solus Dominus, tu solus Altissimus, Jesu Christe, cum Sancto Spiritu: in gloria Dei Patris. Amen.

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect

Let us pray.

Silence is kept

Almighty God, you have broken the tyranny of sin and have sent the Spirit of your Son into our hearts whereby we call you Father: give us grace to dedicate our freedom to your service, that we and all creation may be brought to the glorious liberty of the children of God; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Sit

The Liturgy of the Word

Epistle Romans 6.1b-11

Should we continue in sin in order that grace may abound? By no means! How can we who died to sin go on living in it? Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? Therefore we have been buried with him by baptism into death, so that, just as Christ was raised from the dead by the glory of the Father, so we too might walk in newness of life.

For if we have been united with him in a death like his, we will certainly be united with him in a resurrection like his. We know that our old self was crucified with him so that the body of sin might be destroyed, and we might no longer be enslaved to sin. For whoever has died is freed from sin. But if we have died with Christ, we believe that we will also live with him. We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. The death he died, he died to sin, once for all; but the life he lives, he lives to God. So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

This is the word of the Lord.

Thanks be to God.

Remain seated as the choir sings Psalm 69.13-19

But, Lord, I make my prayer unto thee :
in an acceptable time.

Hear me, O God, in the multitude of thy mercy :
even in the truth of thy salvation.

Take me out of the mire, that I sink not :
O let me be delivered from them that hate me, and out of the deep waters.

Let not the water-flood drown me, neither let the deep swallow me up :
and let not the pit shut her mouth upon me.

Hear me, O Lord, for thy loving-kindness is comfortable :
turn thee unto me according to the multitude of thy mercies.

And hide not thy face from thy servant, for I am in trouble :
O haste thee, and hear me.

Draw nigh unto my soul, and save it :
O deliver me, because of mine enemies.

Stand as the cantor sings the Alleluia and we respond



My sheep hear my voice, says the Lord. I know them, and they follow me. **Alleluia.**

The Gospel *Matthew 10.24-39*

The Lord be with you.

And also with you.

Hear the Gospel of our Lord Jesus Christ according to Matthew.

Glory to you, O Lord.

Jesus summoned the twelve and send them out with the following instruction:
'A disciple is not above the teacher, nor a slave above the master; it is enough for the disciple to be like the teacher, and the slave like the master. If they have called the master of the house Beelzebul, how much more will they malign those of his household!

'So have no fear of them; for nothing is covered up that will not be uncovered, and nothing secret that will not become known. What I say to you in the dark, tell in the light; and what you hear whispered, proclaim from the housetops. Do not fear those who kill the body but cannot kill the soul; rather fear him who can destroy both soul and body in hell. Are not two sparrows sold for a penny? Yet not one of them will fall to the ground unperceived by your Father. And even the hairs of your head are all counted. So do not be afraid; you are of more value than many sparrows.

'Everyone therefore who acknowledges me before others, I also will acknowledge before my Father in heaven; but whoever denies me before others, I also will deny before my Father in heaven. Do not think that I have come to bring peace to the earth; I have not come to bring peace, but a sword. For I have come to set a man against his father, and a daughter against her mother, and a daughter-in-law against her mother-in-law; and one's foes will be members of one's own household. Whoever loves father or mother more than me is not worthy of me; and whoever loves son or daughter more than me is not worthy of me; and whoever does not take up the cross and follow me is not worthy of me. Those who find their life will lose it, and those who lose their life for my sake will find it.

This is the Gospel of the Lord.

Praise to you, O Christ.

The organist plays a Gospel fanfare

Once the Sermon has been introduced please sit

Sermon The Reverend Dr E L Pennington, Canon Missioner

After the Sermon, a few moments of silence are kept as we reflect on what we have heard and then the choir sings

The Motet

Ave, verum corpus natum de Maria Virgine, vere passum immolatum in cruce pro homine, cuius latus perforatum unda fluxit et sanguine: esto nobis praegustatum in mortis examine. O clemens, O pie, O Jesu, fili Mariae.

Hail, true Body, born of the Virgin Mary, who having truly suffered, was sacrificed on the cross for humankind, whose pierced side flowed with water and blood: may it be for us a foretaste in the trial of death. O sweet Jesus, O holy Jesus, O Jesus, son of Mary.

Words: 13th Century Eucharistic Hymn

Music: Judith Bingham (b. 1952)

Following the Motet please stand

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead, and the life of the world to come.

Amen.

Please sit when the President says 'Let us pray'

Prayers of Intercession

One of these responses is used

Lord, in your mercy
hear our prayer.

Lord, hear us.
Lord, graciously hear us.

And at the end

Merciful Father, **accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.**

The Liturgy of the Sacrament

The Peace

Stand

The President says

We are the body of Christ.
In the one Spirit we were all baptized into one body.
Let us then pursue all that makes for peace
and builds up our common life.

The peace of the Lord be always with you.
And also with you.

The Deacon says

Let us offer one another a sign of peace.

Members of the congregation greet one another.

Remain standing to sing

The Offertory Hymn *during which the table is prepared and the gifts of the people are gathered and presented. If you would prefer to give electronically, please use the QR code.*



When the Thurifer turns to bow to the congregation, all turn to the altar



Jesus, Lord, we look to thee,
let us in thy name agree:
show thyself the Prince of peace;
bid all strife for ever cease.

³Let us for each other care,
each the other's burden bear;
to thy church the pattern give,
show how true believers live.

²Make us of one heart and mind,
courteous, pitiful, and kind,
lowly, meek in thought and word,
altogether like our Lord.

⁴Free from anger and from pride,
let us thus in God abide;
all the depths of love express,
all the heights of holiness.

Words: Charles Wesley (1707-88)

Tune: VIENNA

AM 694

The President takes the bread and wine and praises God for his gifts

Wise and gracious God, you spread a table before us;
nourish your people with the word of life
and the bread of heaven, Jesus Christ our Lord. **Amen.**

The Eucharistic Prayer

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give thanks and praise.

Father, we give you thanks and praise
through your beloved Son Jesus Christ, your living Word,
through whom you have created all things;
who was sent by you in your great goodness to be our Saviour.
By the power of the Holy Spirit he took flesh;
as your Son, born of the blessed Virgin,
he lived on earth and went about among us;
he opened wide his arms for us on the cross;
he put an end to death by dying for us;
and revealed the resurrection by rising to new life;
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and singing:

The choir sings

Sanctus, sanctus, sanctus,
Dominus Deus Sabaoth.
Pleni sunt coeli et terra gloria tua.
Hosanna in excelsis.

*Holy, holy, holy Lord,
God of power and might.
Heaven and earth are full of your glory.
Hosanna in the highest.*

Benedictus qui venit
In nomine Domini.
Hosanna in excelsis.

*Blessèd is he who comes
in the name of the Lord.
Hosanna in the highest.*

Lord, you are holy indeed, the source of all holiness;
grant that by the power of your Holy Spirit,
and according to your holy will, these gifts of bread and wine
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,
took bread and gave you thanks;
he broke it and gave it to his disciples, saying:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks;
he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

The Deacon says

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

And so, Father, calling to mind his death on the cross,
his perfect sacrifice made once for the sins of the whole world;
rejoicing in his mighty resurrection and glorious ascension, and looking
for his coming in glory, we celebrate this memorial of our redemption.
As we offer you this our sacrifice of praise and thanksgiving, we bring
before you this bread and this cup and we thank you for counting us
worthy to stand in your presence and serve you.

Send the Holy Spirit on your people and gather into one in your kingdom
all who share this one bread and one cup, so that we, in the company of
all the saints, may praise and glorify you for ever, through Jesus Christ
our Lord;

by whom, and with whom, and in whom, in the unity of the Holy Spirit,
all honour and glory be yours, almighty Father, for ever and ever.

Amen.

The Lord's Prayer

The President says

As we join our prayers with the Church Universal, so we say, each in our own language, the prayer that Jesus taught us.

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

Notre Père...

Vater Unser...

Onze Vader...

Padre Nuestro...

Ojczy Nasz...

Baba Yetu...

E to matou Matua...

Ein Tad...

Πάτερ ἡμῶν

Remain standing for

Breaking of the Bread

The President breaks the consecrated bread, saying

We break this bread
to share in the body of Christ.
**Though we are many, we are one body,
because we all share in one bread.**

The President says

Jesus is the Lamb of God
who takes away the sin of the world.
Blessed are those who are called to his supper.
**Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

Sit as the President and other ministers begin

The Distribution of Communion

Please come up for Communion as directed by the stewards. All baptised Christians who receive communion in their own church are encouraged to receive today. If you are accompanied by children who do not yet receive, please bring them with you to receive a blessing. They must not be left on their own.

*If you are not a communicant, you are welcome to come forward at this point in the service to receive a blessing, keeping your hands to your sides. Please ask the priest if you **need a gluten-free host.***

*We request that **you do not intinct (dip) your host in the wine** but either take a sip from the cup or remain with your head bowed. This is for the reasons of good hygiene.*

If you wish to receive communion without climbing the steps to the High Altar, please join the line for the station in the North-East Transept.

*We keep a **prayerful silence** during Communion to allow others to prepare to receive the sacrament or pray afterwards.*

During Communion, the choir sings the Agnus Dei

Agnus Dei, qui tollis peccata mundi, miserere nobis.

Agnus Dei, qui tollis peccata mundi, dona nobis pacem.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Prayer after Communion

Stand as the President says

Let us pray.

Silence is kept

O God, whose beauty is beyond our imagining
and whose power we cannot comprehend:
show us your glory as far as we can grasp it,
and shield us from knowing more than we can bear
until we may look upon you without fear;
through Jesus Christ our Saviour.

Amen.

All then say

**Almighty God,
we thank you for feeding us
with the body and blood of your Son Jesus Christ.
Through him we offer you our souls and bodies
to be a living sacrifice.
Send us out
in the power of your Spirit
to live and work
to your praise and glory. Amen.**

The Dismissal



Now is eternal life,
if ris'n with Christ we stand,
in him to life reborn,
and held within his hand;
no more we fear death's ancient dread,
in Christ arisen from the dead.

²Man long in bondage lay,
brooding o'er life's brief span;
was it, O God, for naught,
for naught, thou madest man?
Thou art our hope, our vital breath;
shall hope undying end in death?

³And God, the living God,
stooped down to man's estate;
by death destroying death,
Christ opened wide life's gate.
He lives, who died; he reigns on high;
who lives in him shall never die.

⁴Unfathomed love divine,
reign thou within my heart;
from thee nor depth nor height,
nor life nor death can part;
my life is hid with God in thee,
now and through all eternity.

Words: G W Briggs (1875-1959)

Tune: CHRISTCHURCH

AM 211

The President says

The peace of God, which passes all understanding,
keep your hearts and minds in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always. **Amen.**

The Deacon says

Go in the peace of Christ.
Thanks be to God.

All remain standing as the choir and clergy depart

Organ Voluntary

Tea and coffee will be served in the CHAPTER HOUSE following this morning's Eucharist. All are very welcome.

Kindly supported by the Friends of Canterbury Cathedral.

**To find out more about the Friends visit:
www.canterbury-cathedral.org/support-us/friends**

Usual Pattern of Services

7.30am	Morning Prayer	Monday-Friday
8.00am	Holy Communion	Daily
9.15am	Morning Prayer	Saturday, Sunday, & Bank Holidays
11.00am	Sung Eucharist	Sunday
12.30pm	Holy Communion	Wednesday
12.30pm	Taizé Prayer	Monday (see Music List)
5.30pm	Choral Evensong	Daily

Safeguarding : Do you need to talk?

Are you concerned about the safety of a child, young person or vulnerable adult?

Or is there something that you would like to discuss that affects you?

A safeguarding concern is anything that may impact the safety and wellbeing of a child, young person or vulnerable adult; if they are being neglected, harmed or at risk of being harmed by others or themselves, and are in need of protection. To report a non-emergency safeguarding concern please scan the QR code and complete our online form or email safeguarding@canterbury-cathedral.org

TO REPORT AN EMERGENCY SAFEGUARDING CONCERN PLEASE

CONTACT THE CATHEDRAL CONSTABLES OFFICE:



Located by the main entrance to the Precincts, Christ Church Gate.

Alternatively, please call 01227 866237



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