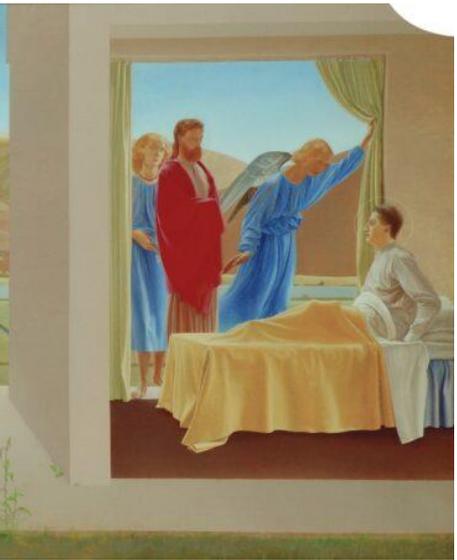




THE CATHEDRAL AND METROPOLITICAL CHURCH OF CHRIST, CANTERBURY

Holy Week Reflections



**Led by
The Reverend
Dr
Ayla Lepine**

**Monday 30th
March**

**Tuesday 31st
March**

**Wednesday 1st
April**



5.30pm

Quire

Welcome to Canterbury Cathedral for this Reflection

Livestreaming

This service will be livestreamed and you may be seen on camera, although we will not deliberately take any close-ups of the congregation.

By attending you agree to be seen in this way.

If you have any concerns please speak to a member of the clergy.

Cover Images:

Top: Scenes from the Life of St Martin of Tours, Winifred Knights, St Martin's Chapel, Canterbury Cathedral;

Bottom left: Evelyn Underhill's Crucifix, All Saints' Chapel, Canterbury Cathedral;

Bottom right: Blues Dance, Claudette Johnson, the Courtauld Gallery, London, (reproduced with permission).

Health and Safety

Much of the present Cathedral was built hundreds of years ago. Whilst most of the parts of this ancient cathedral that are normally open to the public are easily accessible for all, the historic stone floor may be unpredictably uneven in places, entry to some parts is via stone steps or access ramps of varying gradients, and lighting levels may vary.

Please exercise due care and attention before, during and after the service and move around with regard for your safety. The Cathedral is unable to accept liability for any personal injury or damage to property unless this is due to our own negligence.



THE COLLECTION is an opportunity to give generously to Canterbury Cathedral in response to God's generosity, and there are many ways to give regularly. **Use this QR code** to make a donation.



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GIVING
SCHEME**

By cash or cheques payable to 'Canterbury Cathedral' in Gift Aid envelopes - UK taxpayers please fill in the details on the envelope. Or you can give a one-off donation at one of our **contactless donation points** in the South Transept after the service.



Please ensure that mobile phones are switched off. No form of visual or sound recording, or any form of photography, is permitted during Services. Thank you for your co-operation.



An induction loop system for the hard of hearing is installed in the Cathedral. Hearing aid users should adjust their aid to T.



Large print orders of service are available from the stewards and virgers. Please ask.

Monday – Winifred Knights, Life of St Martin of Tours



Stand to sing



Lord of all hopefulness, Lord of all joy,
whose trust, ever childlike, no cares can destroy,
be there at our waking, and give us, we pray,
your bliss in our hearts, Lord, at the break of the day.

²Lord of all eagerness, Lord of all faith,
whose strong hands were skilled at the plane and the lathe,
be there at our labours, and give us, we pray,
your strength in our hearts, Lord, at the noon of the day.

³Lord of all kindness, Lord of all grace,
your hands swift to welcome, your arms to embrace,
be there at our homing, and give us, we pray,
your love in our hearts, Lord, at the eve of the day.

⁴Lord of all gentleness, Lord of all calm,
whose voice is contentment, whose presence is balm,
be there at our sleeping, and give us, we pray,
your peace in our hearts, Lord, at the end of the day.

Words: Joyce Placzek (Jan Struther) (1901-53)

Tune: SLANE

AM 713

O God, make speed to save us.

O Lord, make haste to help us.

Let your ways be known upon earth,

your saving power among the nations.

Blessed are you, Lord God of our salvation,
to you be praise and glory for ever.
As a man of sorrows and acquainted with grief
your only Son was lifted up
that he might draw the whole world to himself.
May we walk this day in the way of the cross
and always be ready to share its weight,
declaring your love for all the world.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

Sit as the choir sings

Psalm 130

Out of the deep have I called unto thee, O Lord :
Lord, hear my voice.

O let thine ears consider well :
the voice of my complaint.

If thou, Lord, wilt be extreme to mark what is done amiss :
O Lord, who may abide it?

For there is mercy with thee :
therefore shalt thou be feared.

I look for the Lord; my soul doth wait for him :
in his word is my trust.

My soul fleeth unto the Lord :
before the morning watch, I say, before the morning **watch**.

O Israel, trust in the Lord, for with the Lord there is mercy :
and with him is plenteous redemption.

And he shall redeem Israel :
from all his sins.

Scripture 1 John 2.7-10

Beloved, I am writing you no new commandment, but an old commandment that you have had from the beginning; the old commandment is the word that you have heard. Yet I am writing you a new commandment that is true in him and in you, because the darkness is passing away and the true light is already shining. Whoever says, 'I am in the light', while hating a brother or sister, is still in the darkness. Whoever loves a brother or sister lives in the light, and in such a person there is no cause for stumbling.

Anthem

Lord, have mercy upon us.
Christ, have mercy upon us.
Lord, have mercy upon us.

Words: Holy Communion, 1928 Prayer Book

Music: Edmund Rubbra (1901-86)

Reflection

Anthem

Hear my prayer, O Lord : and let my crying come unto thee.

Words: Psalm 102.1

Music: Henry Purcell (1659-95)

Prayers

concluding with

Standing at the foot of the cross, as our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever.
Amen.**

Notre Père...

Vater Unser...

Onze Vader...

Padre Nuestro...

Ojczy Nasz...

Baba Yetu...

E to matou Matua...

Ein Tad...

Πάτερ ἡμῶν

Stand to sing



In our day of thanksgiving one psalm let us offer
For the saints who before us have found their reward;
When the shadow of death fell upon them, we sorrowed,
But now we rejoice that they rest in the Lord.

In the morning of life, and at noon, and at even,
He called them away from our worship below;
But not till his love, at the font and the altar,
Had girt them with grace for the way they should go.

These stones that have echoed their praises are holy,
And dear is the ground where their feet have once trod;
Yet here they confessed they were strangers and pilgrims,
And still they were seeking the city of God.

Sing praise then, for all who here sought and here found Him,
Whose journey is ended, whose perils are past:
They believed in the Light; and its glory is round them,
Where the clouds of earth's sorrows are lifted at last.

Words: William Draper (1855-1933)

Tune: ST CATHERINE'S COURT

May Christ, who bore our sins on the cross,
set us free to serve him with joy.

Amen.

Let us bless the Lord.

Thanks be to God.

Please leave in silence after the service.

There will be a retiring collection.

*If you would prefer to give electronically,
please use the QR code.*



Tuesday – Evelyn Underhill's Crucifix



Stand to sing



Take up thy cross, the Saviour said,
if thou wouldst my disciple be;
deny thyself, the world forsake,
and humbly follow after me.

²Take up thy cross: let not its weight
fill thy weak spirit with alarm;
his strength shall bear thy spirit up,
and brace thy heart, and nerve thine arm.

³Take up thy cross, nor heed the shame,
nor let thy foolish pride rebel:
thy Lord for thee the cross endured,
to save thy soul from death and hell.

⁴Take up thy cross then in his strength,
and calmly every danger brave,
'twill guide thee to a better home,
and lead to victory o'er the grave.

⁵Take up thy cross, and follow Christ,
nor think till death to lay it down;
for only they who bear the cross
may hope to wear the glorious crown.

⁶To thee, great Lord, the One in Three,
all praise for evermore ascend;
O grant us in our home to see
the heavenly life that knows no end.

Words: Charles Everest (1814-77)

Tune: BRESLAU

AM 135

O God, make speed to save us.

O Lord, make haste to help us.

Let your ways be known upon earth,
your saving power among the nations.

Blessed are you, Lord God of our salvation,
to you be praise and glory for ever.
As a man of sorrows and acquainted with grief
your only Son was lifted up
that he might draw the whole world to himself.
May we walk this day in the way of the cross
and always be ready to share its weight,
declaring your love for all the world.
Blessed be God, Father, Son and Holy Spirit.
Blessed be God for ever.

Sit as the choir sings

Psalm 42

Like as the hart desireth the water-brooks :
so longeth my soul after thee, O God.

My soul is athirst for God, yea, even for the living God :
when shall I come to appear before the presence of God?

My tears have been my meat day and night :
while they daily say unto me, Where is now thy God?

Now when I think thereupon, I pour out my heart by myself :
for I went with the multitude, and brought them forth into the house of God;

In the voice of praise and thanksgiving :
among such as keep holy-day.

Why art thou so full of heaviness, O my soul :
and why art thou so disquieted within me?

Put thy trust in God :
for I will yet give him thanks for the help of his countenance.

My God, my soul is vexed within me :
therefore will I remember thee concerning the land of Jordan,
and the little hill of Hermon.

One deep calleth another, because of the noise of the water-pipes :
all thy waves and storms are gone over me.

The Lord hath granted his loving-kindness in the day-time :
and in the night-season did I sing of him,
and made my prayer unto the God of my life.

I will say unto the God of my strength, Why hast thou forgotten me :
why go I thus heavily, while the enemy oppresseth me?

My bones are smitten asunder as with a sword :
while mine enemies that trouble me cast me in the teeth;

Namely, while they say daily unto me :
Where is now thy God?

Why art thou so vexed, O my soul :
and why art thou so disquieted within me?

O put thy trust in God :
for I will yet thank him, which is the help of my countenance, and my God.

Scripture Ephesians 2.13-14

Now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us.

Anthem

Crux fidelis, inter omnes arbor una nobilis:
nulla silva talem profert, fronde, flore, germine.
Dulce lignum, dulces clavos, dulce pondus sustinet.

*Faithful Cross, amongst all trees the only noble Tree,
no other wood has borne such leaves, flowers or seeds.
Sweet wood, sweet nails, how sweet the burden thou dost bear.*

Music and words: attrib. King John of Portugal (1604-56)

Reflection

Anthem

Sicut cervus desiderat ad fontes aquarum ita desiderat anima mea ad te Deus.
Sitiuit anima mea ad Deum fontem vivum quando veniam et apparebo ante
faciem Dei fuerunt mihi lacrymæ meæ panes die ac nocte dum dicitur mihi
quotidie ubi est Deus tuus.

*Like as the hart desireth the water-brooks, so longeth my soul after thee, O God.
My soul is athirst for God, yea, even for the living God; when shall I come to
appear before the presence of God? My tears have been my meat day and night
while they daily say unto me, 'where is now thy God?'*

Words: Psalm 42.1-3

Music: Giovanni Pierluigi da Palestrina (c.1525-94)

Prayers

concluding with

Standing at the foot of the cross,
as our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

Notre Père...

Vater Unser...

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E to matou Matua...

Ein Tad...

Πάτερ ἡμῶν

Stand to sing



Jesu, Lover of my soul,
let me to thy bosom fly,
while the nearer waters roll,
while the tempest still is high:
hide me, O my Saviour, hide
till the storm of life is past;
safe into the haven guide,
O receive my soul at last.

³Thou, O Christ, art all I want;
more than all in thee I find;
raise the fallen, cheer the faint,
heal the sick, and lead the blind.
Just and holy is thy name,
I am all unrighteousness;
false and full of sin I am,
thou art full of truth and grace.

²Other refuge have I none,
hangs my helpless soul on thee;
leave, ah, leave me not alone,
still support and comfort me.
All my trust on thee is stayed,
all my help from thee I bring;
cover my defenceless head
with the shadow of thy wing.

⁴Plenteous grace with thee is found,
grace to cover all my sin;
let the healing streams abound,
make and keep me pure within.
Thou of life the fountain art:
freely let me take of thee,
spring thou up within my heart,
rise to all eternity.

May Christ, who bore our sins on the cross,
set us free to serve him with joy.

Amen.

Let us bless the Lord.

Thanks be to God.

Please leave in silence after the service.

There will be a retiring collection.

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Wednesday – Claudette Johnson, Blues Dance



Stand to sing



Sing we of the blessèd Mother
who received the angel's word,
and obedient to his summons
bore in love the infant Lord;
sing we of the joys of Mary
at whose breast that child was fed
who is Son of God eternal
and the everlasting Bread.

²Sing we, too, of Mary's sorrows,
of the sword that pierced her through,
when beneath the cross of Jesus
she his weight of suffering knew,
looked upon her Son and Saviour
reigning high on Calvary's tree,
saw the price of our redemption
paid to set the sinner free.

³Sing again the joys of Mary
when she saw the risen Lord,
and in prayer with Christ's apostles,
waited on his promised word:
from on high the blazing glory
of the Spirit's presence came,
heavenly breath of God's own being,
manifest through wind and flame.

⁴Sing the chiefest joy of Mary
when on earth her work was done,
and the Lord of all creation
brought her to his heavenly home:
Virgin Mother, Mary blessèd,
raised on high and crowned with grace,
may your Son, the world's redeemer,
grant us all to see his face.

O God, make speed to save us.

O Lord, make haste to help us.

Let your ways be known upon earth,
your saving power among the nations.

Blessed are you, Lord God of our salvation,
to you be praise and glory for ever.
As a man of sorrows and acquainted with grief
your only Son was lifted up
that he might draw the whole world to himself.
May we walk this day in the way of the cross
and always be ready to share its weight,
declaring your love for all the world.

Blessed be God, Father, Son and Holy Spirit.

Blessed be God for ever.

Sit as the choir sings

Psalm 36.5-10

Thy mercy, O Lord, reacheth unto the heavens :
and thy faithfulness unto the clouds.

Thy righteousness standeth like the strong mountains :
thy judgements are like the great deep.

Thou, Lord, shalt save both man and beast; How excellent is thy mercy, O God :
and the children of men shall put their trust under the shadow of thy wings.

They shall be satisfied with the plenteousness of thy house :
and thou shalt give them drink of thy pleasures, as out of the river.

For with thee is the well of life :
and in thy light shall we see light.

O continue forth thy loving-kindness unto them that know thee :
and thy righteousness unto them that are true of heart.

Scripture John 19.26-27

When Jesus saw his mother and the disciple whom he loved standing beside her,
he said to his mother, 'Woman, here is your son.' Then he said to the disciple,
'Here is your mother.' And from that hour the disciple took her into his own
home.

Anthem

Stabat Mater dolorosa
juxta crucem lacrimosa
dum pendebat Filius.

*The grieving Mother stood
weeping beside the cross
where her Son was hanging.*

Words: 13th century Latin hymn

Music: Giovanni Battista Pergolesi (1710-36)

Reflection

Anthem

See what love the Father has given us,
that we may be called the children of love.
And everyone who hopes in him through the Lord is blessed.

Words: 1 John 3.1-3 (altd)

Music: Lena J McLin (1928-2023)

Prayers

concluding with

Standing at the foot of the cross,
as our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us
Lead us not into temptation
but deliver us from evil.
For the kingdom, the power,
and the glory are yours
now and for ever. Amen.**

Notre Père...

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E to matou Matua...

Ein Tad...

Πάτερ ἡμῶν

Stand to sing



Amazing grace! (how sweet the sound)
that saved a wretch like me!
I once was lost, but now am found,
was blind, but now I see.

³Through many dangers, toils, and snares,
I have already come;
'tis grace hath brought me safe thus far,
and grace will lead me home.

²'Twas grace that taught my heart to fear,
and grace my fears relieved;
how precious did that grace appear
the hour I first believed!

⁴The Lord has promis'd good to me,
his word my hope secures;
he will my shield and portion be
as long as life endures.

⁵Yes, when this flesh and heart shall fail,
and mortal life shall cease;
I shall possess, within the veil,
a life of joy and peace.

Words: John Newton (1725-1807)

Tune: AMAZING GRACE (NEW BRITAIN) AM 587

May Christ, who bore our sins on the cross,
set us free to serve him with joy.

Amen.

Let us bless the Lord.

Thanks be to God.

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